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<p>9:00 Breakfast Buzz (A9) 9:30 Sunday Morning News (TI) 10:30 Balloon Badminton (TC) 11:00 Documentaries at Balfour: The History of Rock n' Roll / The Sounds of Soul (TI) 2:00 Prayer & Meditation-Private Time (SS) 2:00 Beginners Spanish with Karlett Eguluz** (JC) 2:00 Let's Dance! (MC) 4:00 Sunday Wine Down Time (TI) 6:45 Classic Movie Night-Blue Hawaii (TI)</p>	<p>8:00 ARC Drop Off (LLC) 9:00 Breakfast Buzz (A9) 9:30 Jimmy Wicket Croquet (Saint Johns Church) 10:00 Seated Boxing (TC) 10:30 Golfing Green (TC) 11:00 Balfour Biographies: The Truth about Singer Jerry Lee Lewis (TI) 2:00 Music with Eric (East Wing Community Room) 3:00 Host With The Most (TC) 4:00 Ted Talks (TI)</p>	<p>New Year's Day 9:00 Breakfast Buzz (A9) 10:00 Fitness with Life Enrichment (TC) 10:30 Words with Friends (TC) 11:00 Hot Topics (JC) 12:00 New Years mimosas and performance by Joe Diamol (MD) 3:30 Cookies in the Commons (TC) 4:00 Netflix Original: Empire Games (Turtle Island Club)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:30 Rummikub (Sultans Study) (TC) 1:00 Tai Chi with Eric (FC) 2:00 In The Kitchen (TC) 4:00 Happy Hour : NEW BEGINNINGS (TC)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Bodies In Motion (TC) 10:30 Craft Corner: Chinese Lanterns (TC) 1:30 House of Cards Work Out (MC) 2:00 Balance and Breathing with Vinaya (TC) 3:00 In Focus (Turtle Island Club) 3:30 Cookies and Coffee (TC) 4:00 Intermediate Party Bridge (TI) 6:45 Hollywood Theater:The Water Horse (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Art Therapy with Janis (2nd Floor) 10:00 Bodies in Motion (TC) 10:00 Professional Line Dancing Class with Lila Horton! (MC) 1:30 Knitting 4 Peace (SB) 2:00 Afternoon Tea (TC) 2:00 Balloon Badminton (TC) 4:00 TGIF with Music and Games (Turtle Island Club) 4:30 Collegiate Cappella: (MD)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Breathe and Stretch (TC) 10:45 Memories in the Making- Watercolor (TC) 1:00 Tai Chi with Eric (FC) 1:30 Saturday Matinee:The Theory of Everything (TI) 2:00 Life Enrichment Sponsored Manicures (TC) 6:45 Saturday Night Movie:The Theory of Everything (TI)</p>
<p>9:00 Breakfast Buzz (A9) 9:30 Sunday Morning News (TI) 10:30 Balloon Badminton (TC) 11:00 Documentaries at Balfour: Renewable Energy (TI) 2:00 Prayer & Meditation-Private Time (SS) 2:00 Beginners Spanish with Karlett Eguluz** (JC) 2:00 Let's Dance! (MC) 4:00 Sunday Wine Down Time (TI) 6:45 Classic Movie Night- Stagecoach-The Texas Jack Story (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:30 Golfing Green (TC) 11:00 Balfour Biographies: Karen Silkwood (TI) 2:00 Music with Eric (East Wing Community Room) 3:00 Host With The Most (TC) 4:00 Ted Talks (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Fitness with Life Enrichment (TC) 11:00 Hot Topics (JC) 12:00 Chorus Rehearsals (MD) 1:45 Out and About: Western History Museum (TC) 3:30 Cookies in the Commons (TC) 4:00 Netflix Original: Empire Games (Turtle Island Club)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:00 Rocky Ridge Music Academy** (MD) 10:30 Rummikub (Sultans Study) 1:00 Tai Chi with Eric (FC) 1:00 Colorado Chamber Players at Balfour! (MD) 2:00 In The Kitchen (TC) 4:00 Happy Hour : Rock and Roll Party (TC)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Bodies In Motion (TC) 10:30 Relax & Color (TC) 1:30 House of Cards Work Out (MC) 2:00 Men's Excursion "Breckenridge Brewery Tour" 2:00 Balance and Breathing with Vinaya (TC) 3:00 In Focus (Turtle Island Club) 3:30 Cookies and Coffee (TC) 4:00 Intermediate Party Bridge (TI) 6:45 Hollywood Theater:Temple Grandin (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Art Therapy with Janis (2nd Floor) 10:00 Bodies in Motion (TC) 10:00 Professional Line Dancing Class with Lila Horton! (MC) 1:30 Knitting 4 Peace (SB) 2:00 Afternoon Tea (TC) 2:00 An Authentic Japanese Immersive Experience with Yutaka Ai** (MD) 4:00 TGIF with Music and Games (Turtle Island Club)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Breathe and Stretch (TC) 10:45 Memories in the Making- Watercolor (TC) 1:00 Tai Chi with Eric (FC) 1:30 Saturday Matinee:Harry and Snowman (TI) 2:00 Life Enrichment Sponsored Manicures (TC) 3:00 Presenting the Life and Musical Selections of Allan Sherman with Steven D. Friedman (JC) 6:45 Saturday Night Movie: Harry and Snowman (TI)</p>
<p>9:00 Breakfast Buzz (A9) 9:30 Sunday Morning News (TI) 10:30 Balloon Badminton (TC) 11:00 Documentaries at Balfour: American Frontier (TI) 2:00 Prayer & Meditation-Private Time (SS) 2:00 Beginners Spanish with Karlett Eguluz** (JC) 2:00 Let's Dance! (MC) 4:00 Sunday Wine Down Time (TI) 6:45 Classic Movie Night-Where the Red Fern Grows (TI)</p>	<p>Martin Luther King Day 8:00 ARC Drop Off (LLC) 9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:30 Golfing Green (TC) 11:00 Balfour Biographies: WOMEN OF THE WILD WEST - Annie Oakley, Calamity Jane, Pearl Hart (TI) 2:00 Music with Eric (East Wing Community Room) 3:00 Host With The Most (TC) 3:30 Holy Ghost Church (SS) 4:00 Ted Talks (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Fitness with Life Enrichment (TC) 11:00 Hot Topics (JC) 12:00 Chorus Rehearsals (MD) 1:45 Out and About: Denver Art Museum-Dior (TC) 3:30 Cookies in the Commons (TC) 4:00 Netflix Original: Empire Games (Turtle Island Club) 6:00 Moderated Film Discussion 'A Place Beyond the Pines (2012) (SB)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:00 Rocky Ridge Music Academy** (MD) 10:30 Rummikub (Sultans Study) 1:00 Tai Chi with Eric (FC) 2:00 In The Kitchen (TC) 4:00 A Day to Wine About with Live Entertainment with Harpist Grace Green (East Wing Community Room)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Bodies In Motion (TC) 10:30 Relax & Color (TC) 1:30 House of Cards Work Out (MC) 2:00 Balance and Breathing with Vinaya (TC) 3:00 "Choose Better, Live Better - Nine Lifestyle Choices That Nurture Body, Mind, and Spirit" with Alan Carpenter (JC) 3:00 In Focus (Turtle Island Club) 3:30 Cookies and Coffee (TC) 4:00 Intermediate Party Bridge (TI) 6:45 Hollywood Theater: The Best Exotic Marigold Hotel (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Bodies in Motion (TC) 10:00 Professional Line Dancing Class with Lila Horton! (MC) 11:30 Denver Library Bookmobile (PLZ) 1:30 Sheldon's Jewelers (LL) 2:30 Shabbat Service w/ Alan Markman (SS) 4:00 Lamont School of Music at Balfour- Pianist Seth Quay (MD) 4:00 TGIF with Music and Games (Turtle Island Club)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Breathe and Stretch (TC) 10:45 Memories in the Making- Watercolor (TC) 1:00 Tai Chi with Eric (FC) 1:30 Saturday Matinee:Mamma Mia (TI) 2:00 Life Enrichment Sponsored Manicures (TC) 6:45 Saturday Night Movie: Mamma Mia (TI)</p>
<p>9:00 Breakfast Buzz (A9) 9:30 Sunday Morning News (TI) 10:30 Balloon Badminton (TC) 11:00 Documentaries at Balfour: Broadways New Annie (TI) 2:00 Prayer & Meditation-Private Time (SS) 2:00 Beginners Spanish with Karlett Eguluz** (JC) 2:00 Let's Dance! (MC) 4:00 Sunday Wine Down Time (TI) 6:45 Classic Movie Night: Pot O' Gold (TI)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:30 Golfing Green (TC) 11:00 Balfour Biographies: Julie Andrews (TI) 12:00 Artist Talk with Bianca Mikahn (JC) 2:00 Music with Eric (East Wing Community Room) 3:00 Host With The Most (TC) 4:00 Ted Talks (TI) 4:30 Resident Documentary Request ENCORE- There's Still Hope for Dreams...A Phamaly Story (2011) (JC)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Book Club! (LLC) 10:00 Fitness with Life Enrichment (TC) 11:00 Hot Topics (JC) 12:00 Chorus Rehearsals (MD) 12:45 Out and About: The Return of Mary Poppins Matinee (TC) 3:30 Cookies in the Commons (TC) 4:00 Netflix Original: Empire Games (Turtle Island Club)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Seated Boxing (TC) 10:00 Rocky Ridge Music Academy** (MD) 10:30 Rummikub (Sultans Study) 11:00 Live Music w/ Gus Meza (MD) 1:00 Tai Chi with Eric (FC) 2:00 In The Kitchen (TC) 4:00 Birthday Bash with Live Music Larry O'Connor (TC)</p>	<p>9:00 Breakfast Buzz (A9) 10:00 Bodies In Motion (TC) 10:30 Relax & Color (TC) 1:30 House of Cards Work Out (MC) 2:00 Balance and Breathing with Vinaya (TC) 3:00 Church Service With Fr. Bill Kindel (Sultans Study) 3:00 In Focus (Turtle Island Club) 3:30 Cookies and Coffee (TC) 4:00 Intermediate Party Bridge (TI) 6:45 Hollywood Theater: Sliding Doors (TI)</p>	<p>Calendar events are subject to change.</p>	<p>ROOM KEY A9 - Atwater 9 FC - Fitness Center JC - Jockey Club LLC - Loch Ness Library Conference Room LL - Loch Ness Library Lounge MC - Memory Care MD - Moffat Depot PLZ - Plaza SB - Sky Bar SS - Sultans Study TC - The Commons TI - Turtle Island</p>

January 2019
Assisted Living
1500 Little Raven St. Denver

