

SUN MON TUE WED THUR FRI SAT

8:30 Church Shuttle: Please Check Schedule ()
 1:00 Original TV Series: The West Wing (TRL)
 1:30 Sunday Game Day (LLR, RLR, & TRL)
2:00 Poker Tournament (RRG)**
 4:00 Documentaries at Balfour (LAG)
 6:00 Movie Night (LCT)
 6:00 Featured Film (TRL)

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ROOM KEY
 LLR, RLR, & TRL - Lodge & Residences Living Room; Retreat Lounge
 LLR, RLR, & TRL - Lodge & Residences Living Room; Retreat Lounge
 LAR - Lodge Art Room
 LAG - Lodge Aspen Grill
 LBC - Lodge Business Center
 LCT - Lodge Chautauqua Theater
 LLR - Lodge Living Room
 LLR & RLI - Lodge Living Room & Residences Living Room

RLI - Residences Library
 RLR - Residences Living Room
 ROS - Residences Ouray Studio
 RRG - Residences Royal Gorge
 RSS - Residences Spring Spa
 RES - The Residences
 TRL - The Retreat Lounge

7:15 Ash Wednesday Service** ()
10:30 Kevin Cook (RLI)
 11:00 Movie Matinee (Retreat Lounge)
 11:30 Senior Indoor Cycling at YMCA**
 1:00 Pianist Mark Valenti at Broomfield ()
 1:15 Beginner's Drumming (LCT)
 2:00 Advanced Drumming (LCT)
 2:30 Resident Council Meeting (RLI)
 4:00 Half Price Drinks (RES)
 5:15 Men's Night Out: Ras Kassar**
 7:15 Film Discussion Movie (LCT)

6

9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 9:30 Strength & Range of Motion Class (ROS)
 10:00 Onsite Dermatology** (RSS)
 10:00 TV Series: Mrs. Maisel (TRL)
 10:00 Computer Class with Ellen** (LBC)
11:30 Creative Cards (LAR)**
11:30 Creative Cards (LAR)**
 11:45 Nymbl Balance Class (LCT)
 1:00 Singles Bridge** (LAG)
 4:00 Happy Hour (LLR & RLI)
 7:00 UNO Cards (LLR)
 7:15 Film Discussion Movie (Retreat Lounge)

7

8:30 T.G.I.F (LLR)
 9:00 Biggest Little Farm: Boulder Theater** ()
 10:30 Catholic Communion (LAG)
11:00 Rehab Care Presentation (RLI)
 1:00 Nymbl Balance Class (ROS)
1:30 Cranium Crunches (RLR)
 3:00 Refreshing Fridays (LLR)
 3:00 High Tea (RLR)
 7:00 Share, Tell & Cordials with Jeanie (RLR)

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10:00 Met Opera Live in HD: La Fille du Regiment** ()
 10:30 PBS Ken Burns Series (LCT)
1:00 Poker Training with Rolf (RRG)**
 1:00 Partner's Bridge** (LAG)
 1:00 Popular TV Series: The Marvelous Mrs. Maisel (LCT)
3:00 Blackjack with Rolf (RLR)**
 4:00 Saturday Social (LLR)
 5:45 Harlem Globe Trotters** ()
 7:15 Featured Film (LCT)

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8:30 Church Shuttle: Please Check Schedule ()
 1:00 Original TV Series: The West Wing (TRL)
 1:00 Into the Woods at University Theater** ()
 1:30 Sunday Game Day (LLR, RLR, & TRL)
2:00 Texas Hold'em Poker (LCT)
 4:00 Documentaries at Balfour (LAG)
 6:00 Movie Night (LCT)
 6:00 Featured Film (TRL)

3

9:00 Water Balance & Stretch Class (B2A) ** (RSS)
9:45 Denver Museum of Nature and Science: DaVinci & Lunch**
 10:00 Family Hearing (LAR)
 10:30 Nymbl Balance Class (LCT)
 11:00 Private Piano Lessons (LCT)
11:00 Watercolor Painting (LAR)**
1:00 Mark Coffey Presents: Electric Cars (LCT)
 1:15 Tai Chi for Balance Class (ROS)
 2:00 Movie Matinee (LAG)
 2:00 PBS Ken Burns Series (TRL)
 6:30 Original TV Series: The West Wing (LCT)
 7:15 Movie Night (Retreat Lounge)

9:30 Strength & Range of Motion Class (ROS)
10:00 Alliance of Therapy Dogs (LLR)
10:30 Alliance of Therapy Dogs (RLR)
 11:00 Louisville Library**
 11:45 Nymbl Balance Class (LCT)
2:00 Alliance of Therapy Dogs (LLR)
2:30 Alliance of Therapy Dogs (RLR)
3:00 Creative Cards (LAR)**
 4:00 Half Price Drinks (The Lodge & The Residences)
 6:30 Faculty Tuesday at CU **
 7:00 Bingo (LLR)
 7:00 Original TV Series: The West Wing (RRG)

11:00 Film Discussion Movie (TRL)
11:00 Activities Group Meeting (LCT)
 11:30 Senior Indoor Cycling at YMCA**
1:00 iPad/Smartphone Group Lessons (LAR)
 1:15 Beginner's Drumming (LCT)
 2:00 Advanced Drumming (LCT)
 3:15 Nymbl Balance Class (ROS)
 4:00 Half Price Drinks (RES)
 5:15 Ladies Night Out: 95a** ()
 7:15 Film Discussion Movie (LCT)
 7:30 BINGO (RLR)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 9:30 Strength & Range of Motion Class (ROS)
 10:00 Onsite Dermatology** (RSS)
 10:00 TV Series: Mrs. Maisel (TRL)
 10:00 Computer Class with Ellen** (LBC)
11:30 Creative Cards (LAR)**
11:30 Creative Cards (LAR)**
 11:45 Nymbl Balance Class (LCT)
 1:00 Singles Bridge** (LAG)
 4:00 Happy Hour (LLR & RLI)
 7:00 UNO Cards (LLR)
 7:15 Film Discussion Movie (Retreat Lounge)

7

9:00 Foot Care with Myer** (RSS)
 10:30 Catholic Communion (LAG)
11:00 Acrylic Painting (LAR)
 3:00 Refreshing Friday (RLR)
 3:00 High Tea & Fashion Show** (LCT)
 7:00 Trivia (LLR)

8

10:30 PBS Ken Burns Series (LCT)
11:00 Shred Truck ()
 1:00 Partner's Bridge** (LAG)
 1:00 Popular TV Series: The Marvelous Mrs. Maisel (LCT)
 4:00 Saturday Social (LLR)
 7:15 Featured Film (LCT)

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8:30 Church Shuttle: Please Check Schedule ()
 1:00 Original TV Series: The West Wing (TRL)
1:00 Loving Vincent (LCT)
 1:30 Sunday Game Day (LLR, RLR, & TRL)
2:00 Texas Hold'em Poker (RRG)**
 4:00 Documentaries at Balfour (LAG)
 5:30 Dining with Rolf: Gaylord Rockies** ()
 6:00 Featured Film (TRL)
 6:00 Movie Night (LCT)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 10:30 Nymbl Balance Class (LCT)
11:00 Active Minds (RLR)
 11:00 Private Piano Lessons (LCT)
11:00 Watercolor Painting (LAR)**
 1:00 Hearing Solutions (LAR)
1:00 Mekonen: The Journey of an African Jew (LCT)**
 1:15 Tai Chi for Balance Class (ROS)
 2:00 Movie Matinee (LAG)
 2:00 Hearing Solutions (RLI)
 2:00 PBS Ken Burns Series (TRL)
3:00 Karaoke: Frank Sinatra's Favorites (LCT)
 6:30 Original TV Series: The West Wing (LCT)
 7:15 Movie Night (Retreat Lounge)

9:30 Strength & Range of Motion Class (ROS)
10:00 Medicare 101: Benefits in Action (LCT)
10:00 Alliance of Therapy Dogs (LLR)
10:30 Alliance of Therapy Dogs (RLR)
 11:45 Nymbl Balance Class (LCT)
 12:30 The Interpreter (Jewish Film Festival)** ()
1:00 Card Making with Aga (RLR)**
2:00 Alliance of Therapy Dogs (LLR)
2:30 Alliance of Therapy Dogs (RLR)
 4:00 Half Price Drinks (The Lodge & The Residences)
 6:30 Faculty Tuesday at CU **
 7:00 Bingo (LLR)
 7:00 Original TV Series: The West Wing (RRG)

11:00 Film Discussion Movie (TRL)
11:00 Activities Group Meeting (LCT)
 11:30 Senior Indoor Cycling at YMCA**
1:00 iPad/Smartphone Group Lessons (LAR)
 1:15 Beginner's Drumming (LCT)
 2:00 Advanced Drumming (LCT)
 3:15 Nymbl Balance Class (ROS)
 4:00 Half Price Drinks (RES)
 5:15 Ladies Night Out: 95a** ()
 7:15 Film Discussion Movie (LCT)
 7:30 BINGO (RLR)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 9:30 Strength & Range of Motion Class (ROS)
 10:00 Onsite Dermatology** (RSS)
 10:00 TV Series: Mrs. Maisel (TRL)
 10:00 Computer Class with Ellen** (LBC)
 11:45 Nymbl Balance Class (LCT)
 1:00 Singles Bridge** (LAG)
 1:30 Knitting Circle (LLR)
 4:00 Happy Hour (LLR & RLI)
 7:00 UNO Cards (LLR)
 7:15 Film Discussion Movie (Retreat Lounge)
 7:15 Film Discussion Movie (Retreat Lounge)

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9:30 Day Trip with Rolf**
10:00 Catch Up with Eric (RLI)
 10:30 Catholic Communion (LAG)
11:00 Catch Up with Eric (LCT)
 1:00 Nymbl Balance Class (ROS)
1:30 Cranium Crunches (RLR)
 3:00 Refreshing Fridays (LLR)
 3:00 High Tea (RLR)
 7:00 Share, Tell & Cordials with Jeanie (RLR)

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9:30 Shabbat (LAR)
 10:30 PBS Ken Burns Series (LCT)
 1:00 Partner's Bridge** (LAG)
 1:00 Popular TV Series: The Marvelous Mrs. Maisel (LCT)
 4:00 Saturday Social (LLR)
7:00 New Renditions Quartet (LCT)
 7:15 Featured Film (LCT)

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8:30 Church Shuttle: Please Check Schedule ()
 1:00 Original TV Series: The West Wing (TRL)
1:00 Open Art Studio (LAR)
1:00 Celtic Dancers (RLR)
 1:30 Sunday Game Day (LLR, RLR, & TRL)
4:00 Music by Marta Burton (LCT)
 4:00 Documentaries at Balfour (LAG)
 6:00 Movie Night (LCT)
 6:00 Featured Film (TRL)
 6:00 Foreign Film (LCT)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 10:00 Family Hearing (RLI)
 11:00 Private Piano Lessons (LCT)
11:00 Watercolor Painting (LAR)**
 1:00 Hearing Solutions (LAR)
1:30 CU Women's Music Division Rehearsal (LCT)
 2:00 Foreign Film (LAG)
 2:00 PBS Ken Burns Series (TRL)
 6:30 Original TV Series: The West Wing (LCT)
 7:15 Foreign Film (Retreat Lounge)

9:30 Strength & Range of Motion Class (ROS)
10:00 Alliance of Therapy Dogs (LLR)
 10:30 Methodist Book Study (LAR)
10:30 Alliance of Therapy Dogs (RLR)
 11:45 Nymbl Balance Class (LCT)
1:00 Card Making with Aga (RLR)**
2:00 Alliance of Therapy Dogs (LLR)
2:30 Alliance of Therapy Dogs (RLR)
 4:00 Half Price Drinks (The Lodge & The Residences)
4:00 Beer Tasting (LCT)**
 7:00 Bingo (LLR)
 7:00 Original TV Series: The West Wing (RRG)

10:00 Ansel Adams Early Works Photography Exhibit: Longmont Museum ()
 11:00 Movie Matinee (Retreat Lounge)
 11:30 Senior Indoor Cycling at YMCA**
 1:15 Beginner's Drumming (LCT)
 2:00 Advanced Drumming (LCT)
3:00 March Birthdays Celebration (RLR)
 3:15 Nymbl Balance Class (ROS)
 4:00 Half Price Drinks (RES)
 7:15 Film Discussion Movie (LCT)

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8:00 Balfour Breakfast Club: Steuben's in Arvada**
 9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 9:30 Strength & Range of Motion Class (ROS)
 10:00 Onsite Dermatology** (RSS)
 10:00 TV Series: Mrs. Maisel (TRL)
 10:00 Computer Class with Ellen** (LBC)
 11:45 Nymbl Balance Class (LCT)
 1:00 Singles Bridge** (LAG)
 1:30 Knitting Circle (LLR)
 3:00 Onsite Dermatology** (RSS)
 4:00 Happy Hour (LLR & RLI)
 7:00 UNO Cards (LLR)
 7:15 Film Discussion Movie (Retreat Lounge)

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8:30 T.G.I.F (LLR)
 10:30 Catholic Communion (LAG)
11:00 Acrylic Painting (LAR)
 11:00 Documenting Change: Our Climate** ()
1:00 Piano Hour with Chuck (LCT)
 1:00 Nymbl Balance Class (ROS)
1:30 Cranium Crunches (RLR)
 3:00 Refreshing Friday (RLR)
 3:00 High Tea (LLR)
 7:00 Coffee and Conversation

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10:30 PBS Ken Burns Series (LCT)
 1:00 Partner's Bridge** (LAG)
 1:00 Popular TV Series: The Marvelous Mrs. Maisel (LCT)
3:00 CU College Of Music Performance (LCT)
 4:00 Saturday Social (LLR)
 7:15 Featured Film (LCT)

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8:30 Church Shuttle: Please Check Schedule ()
 1:00 Original TV Series: The West Wing (TRL)
 1:30 Sunday Game Day (LLR, RLR, & TRL)
2:00 Poker Tournament (RRG)**
3:00 Parlano Presents: Jenny Sun (LCT)
 4:00 Documentaries at Balfour (LAG)
 6:00 Featured Film (TRL)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
 10:30 Nymbl Balance Class (LCT)
 11:00 Private Piano Lessons (LCT)
11:00 Watercolor Painting (LAR)**
 1:00 Hearing Solutions (LAR)
 1:15 Tai Chi for Balance Class (ROS)
 2:00 Movie Matinee (LAG)
 2:00 Hearing Solutions (RLI)
 2:00 PBS Ken Burns Series (TRL)
 2:30 Active Minds EBSC**
 6:30 Original TV Series: The West Wing (LCT)
 7:15 Movie Night (Retreat Lounge)

9:30 Strength & Range of Motion Class (ROS)
10:00 Alliance of Therapy Dogs (LLR)
10:30 Alliance of Therapy Dogs (RLR)
 11:45 Nymbl Balance Class (LCT)
2:00 Alliance of Therapy Dogs (LLR)
2:30 Alliance of Therapy Dogs (RLR)
 4:00 Half Price Drinks (The Lodge & The Residences)
4:00 Wine Tasting (LCT)**
 7:00 Bingo (LLR)
 7:00 Original TV Series: The West Wing (RRG)

11:00 Shopping at Orchard Mall**
 11:00 Movie Matinee (Retreat Lounge)
 11:30 Senior Indoor Cycling at YMCA**
1:00 Fresh Floral Arranging (LAR)**
1:00 iPad/Smartphone Group Lessons (LAR)
 1:15 Beginner's Drumming (LCT)
 2:00 Advanced Drumming (LCT)
3:00 March Birthday Celebrations (LLR)
 3:15 Nymbl Balance Class (ROS)
 4:00 Half Price Drinks (RES)
 7:15 Film Discussion Movie (LCT)
 7:30 BINGO (RLR)

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9:00 Water Balance & Stretch Class (B2A) ** (RSS)
9:00 Boulder Parks & Rec Senior Hike ()**
 9:30 Strength & Range of Motion Class (ROS)
 10:00 TV Series: Mrs. Maisel (TRL)
 10:00 Computer Class with Ellen** (LBC)
11:30 Creative Cards (LAR)**
11:30 Creative Cards (LAR)**
 11:45 Nymbl Balance Class (LCT)
 1:00 Singles Bridge** (LAG)
 1:30 Knitting Circle (LLR)
 4:00 Happy Hour (LLR & RLI)
 7:00 UNO Cards (LLR)
 7:15 Film Discussion Movie (Retreat Lounge)

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8:30 T.G.I.F (LLR)
 10:30 Catholic Communion (LAG)
 1:00 Nymbl Balance Class (ROS)
1:30 Cranium Crunches (RLR)
 3:00 Refreshing Fridays (LLR)
 3:00 High Tea (RLR)
 7:00 Coffee and Conversation
 7:00 Coffee and Conversation

29

10:30 PBS Ken Burns Series (LCT)
 1:00 Partner's Bridge** (LAG)
 1:00 Popular TV Series: The Marvelous Mrs. Maisel (LCT)
 4:00 Saturday Social (LLR)
7:00 Poetry with Richard (LLR)

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March 2019
 Activities
 1331 Hecla Dr. Louisville

