

SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 Chair Yoga with Rebecca (GX) 9:45 Posture Class: R (GX) 10:00 Knitting and Crocheting (C) 10:30 Gentle Exercise: R (GX) 11:15 Stretch and Strength (GX) 1:00 Mahjong (C) 1:00 Sit & Be Fit: P (GX)	9:30 Washington's Headquarters Museum Trip (ME) 10:00 Morning Exercise with Elizabeth (GX) 10:30 Denville Library Pop Up (C) 11:00 Express Fitness (GX) 1:00 Bridge (FL) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 NY Skyscrapers Presentation with Kevin Woyce (A)	9:00 Bundle Up! Parks Lake Fit Trip (ME) 10:30 Reading of the Oak Leaves and Council Minutes (GFC) 10:30 Mindful Movement (GX) 2:00 Yoga/ Meditation (GX) 2:30 Scrabble (C) 3:00 Trivia Happy Hour with Bill Brotzman (DR) 7:00 Men's Poker (3rd Fl F) 7:00 Party Bridge (1st Floor FL Lounge) 7:15 Documentary: "The Eagle Huntress" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:30 First Friday Communion (A) 11:00 30 Minute Cardio (GX) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 John Gee Music (A)	10:00 Sit & Be Fit (GFB) 11:00 Rosary (A) 1:30 Card Games (C) 2:00 Movie: "Cheaper by the Dozen" (A) 7:15 Movie: "Cheaper by the Dozen" (A)
2:00 Movie: "Fiddler on the Roof" (A) 7:15 Movie: "Fiddler on the Roof" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:00 Seamstress (A) 10:30 Spanish Club (CL) 11:00 30 Minute Cardio (GX) 2:00 Afternoon Exercise with Elizabeth (GX) 3:00 Fit Fun Club (GFA) 7:30 Bingo (A)	9:00 Chair Yoga with Rebecca (GX) 9:45 Posture Class: R (GX) 10:00 Knitting and Crocheting (C) 10:00 Jewelry Repair/ Sale (C) 10:30 Gentle Exercise: R (GX) 11:15 Stretch and Strength (GX) 1:00 Mahjong (C) 1:00 Sit & Be Fit: P (GX) 2:00 Yoga with Nancy (GFB) 3:00 Armchair Travel Series (GFC) 7:15 Movie: "Carol" (A)	8:30 Men's Breakfast (DR) 10:00 Morning Exercise with Elizabeth (GX) 11:00 Express Fitness (GX) 1:00 Bridge (FL) 2:00 Elvis Presley Social (A) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 Caption Call Presentation (A)	10:30 Mindful Movement (GX) 10:30 Visually Challenged Support Group (FL) 2:00 Yoga/ Meditation (GX) 2:30 Scrabble (C) 3:00 Trivia Happy Hour with Bill Brotzman (DR) 7:00 Men's Poker (3rd Fl F) 7:00 Party Bridge (1st Floor FL Lounge) 7:15 Movie: "La La Land" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:00 Town Hall (A) 11:00 Wear Red Heart Walk (3rd Floor FL Lounge) 2:00 Afternoon Exercise with Elizabeth (GX) 2:30 Art Group (GFA) 4:00 Happy Hour (C) 7:30 Christine DeLeon Music (A)	11:00 Rosary (A) 1:30 Card Games (C) 2:00 Movie: Willy Wonka and the Chocolate Factory (A) 7:00 William Taitel Sings! (A)
11:30 Piano Playing (C) 2:00 Movie: "Boyhood" (A) 7:15 Movie: "Boyhood" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:30 Spanish Club (CL) 11:00 30 Minute Cardio (GX) 2:00 Afternoon Exercise with Elizabeth (GX) 3:00 Fit Fun Club (GFA) 7:30 Bingo (A)	9:00 Chair Yoga with Rebecca (GX) 9:45 Posture Class: R (GX) 10:00 Knitting and Crocheting (C) 10:00 Aldi's Grocery Store (ME) 10:30 Gentle Exercise: R (GX) 11:00 Get Cuffed (301 C) 11:15 Stretch and Strength (GX) 1:00 Mahjong (C) 1:00 Sit & Be Fit: P (GX) 2:00 Yoga with Nancy (GFB) 3:00 Armchair Travel Series (GFC) 7:15 Movie: "American Hustler" (A)	10:00 Morning Exercise with Elizabeth (GX) 11:00 Express Fitness (GX) 12:15 Screening of Met Opera at AMC in Rockaway: Adriana Lecouvreur Encore (ME) 1:00 Bridge (FL) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 Morris Knolls Student Music Recital (A)	10:30 Mindful Movement (GX) 11:15 Essential Oils Presentation with Paulette (A) 2:00 Yoga/ Meditation (GX) 2:30 Scrabble (C) 3:00 Trivia Happy Hour with Bill Brotzman (DR) 7:00 Men's Poker (3rd Fl F) 7:00 Party Bridge (1st Floor FL Lounge) 7:15 Documentary: Tesla (A)	10:00 Morning Exercise with Elizabeth (GX) 10:30 Parkinson's Support Group (GFC) 11:00 30 Minute Cardio (GX) 11:00 Newark Boys Choir (A) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 Danceworks of Denville (A)	11:00 Book Club (FL) 11:00 Rosary (A) 1:30 Card Games (C) 2:00 Movie: "Trouble" (A) 7:15 Movie: "Trouble" (A)
2:00 Movie: "To Have and Have Not" (A) 7:15 Movie: "To Have and Have Not" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:30 Spanish Club (CL) 11:00 30 Minute Cardio (GX) 11:15 Documentary: "Martin Luther King Jr. I Have a Dream" (A) 1:00 S'mores Social (GFA) 2:00 Afternoon Exercise with Elizabeth (GX) 3:00 Fit Fun Club (GFA) 7:30 Bingo (A)	9:00 Chair Yoga with Rebecca (GX) 9:45 Posture Class: R (GX) 10:00 Knitting and Crocheting (C) 10:00 Jewelry Repair/ Sale (C) 10:30 Gentle Exercise: R (GX) 11:00 HomeGoods and Marshalls (ME) 11:15 Stretch and Strength (GX) 1:00 Mahjong (C) 1:00 Sit & Be Fit: P (GX) 2:00 Yoga with Nancy (GFB) 3:00 Armchair Travel Series (GFC) 7:15 Movie: Show Dogs (A)	10:00 Morning Exercise with Elizabeth (GX) 11:00 Lunch Trip to Olive Garden (ME) 11:00 Express Fitness (GX) 1:00 Bridge (FL) 1:00 Coffee Klatch with Annie (GFA) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 Presentation by Lost Art Lacers (A)	10:15 Ladies' Colorful Brunch (A) 10:30 Mindful Movement (GX) 12:00 Bowling Fit Trip (ME) 2:00 Yoga/ Meditation (GX) 2:30 Scrabble (C) 3:00 Trivia Happy Hour with Bill Brotzman (DR) 7:00 Men's Poker (3rd Fl F) 7:00 Party Bridge (1st Floor FL Lounge) 7:15 Documentary: The Tillman Story (A)	9:00 Total Hearing (301C) 10:00 Morning Exercise with Elizabeth (GX) 11:00 30 Minute Cardio (GX) 2:00 Afternoon Exercise with Elizabeth (GX) 4:00 Birthday Happy Hour (C) 7:30 Mark Fabian Music (A)	11:00 Rosary (A) 1:30 Card Games (C) 2:00 Movie: "What They Had" (A) 7:15 Movie: "What They Had" (A)
11:30 Piano Playing (C) 2:00 Movie: "Superman" (A) 7:15 Movie: "Superman" (A)	10:00 Morning Exercise with Elizabeth (GX) 10:00 Taylor Marie Clothing Sale (C) 10:30 Spanish Club (CL) 11:00 30 Minute Cardio (GX) 2:00 Afternoon Exercise with Elizabeth (GX) 3:00 Fit Fun Club (GFA) 7:30 Bingo (A)	9:00 Chair Yoga with Rebecca (GX) 9:45 Posture Class: R (GX) 10:00 Knitting and Crocheting (C) 10:00 Trader Joe's (ME) 10:30 Gentle Exercise: R (GX) 11:15 Stretch and Strength (GX) 11:30 Taco Tuesday Luncheon (A) 1:00 Mahjong (C) 1:00 Sit & Be Fit: P (GX) 2:00 Yoga with Nancy (GFB) 3:00 Armchair Travel Series (GFC) 4:00 Chorus of The Oaks (GFB) 7:15 Movie: "The Last Word" (A)	10:00 Morning Exercise with Elizabeth (GX) 11:00 Express Fitness (GX) 1:00 Rockaway Mall (ME) 1:00 Bridge (FL) 2:00 Afternoon Exercise with Elizabeth (GX) 7:30 Mike Norris: The Grandeur of Rome that was in NJ (A)	8:30 Mall Walkers Fit Trip (ME) 10:30 Mindful Movement (GX) 1:00 Joke Social! (GFA) 2:00 Yoga/ Meditation (GX) 2:30 Scrabble (C) 3:00 Trivia Happy Hour with Bill Brotzman (DR) 7:00 Men's Poker (3rd Fl F) 7:00 Party Bridge (1st Floor FL Lounge) 7:15 Documentary: "They Named me Malala" (ME)	<b>ROOM KEY</b> FL - 1st Floor Fairlawn Lounge 3rd FL F - 3rd Floor Fairlawn A - Auditorium C - Commons CL - Computer Lab DR - Dining Room GFA - Ground Floor Fairlawn Arts and Crafts Room GFB - Ground Floor Fairlawn B	GFC - Ground Floor Fairlawn C ME - Main Entrance

# January 2019

The Oaks at Denville

