

SUN

MON

TUE

WED

THUR

FRI

SAT

ROOM KEY
 all - all units
 aca - Aspen Commons Activities Room
 all - Common Areas
 gk - Grandma's Kitchen
 hcc - Health Center
 hcc - Healthcare Center
 HW - Heatherwood Common Area
 hwd - Heatherwood Dining Room
 Sdr - Sycamore Dining Room
 wc - Willow Commons
 wcl - Willow Commons Lounge
 wc - Willow Commons
 cpl - Willow Commons Chapel
 wcl - Willow Commons Lounge

May Day
 10:00 Mind and Body in Motion (HW) **1**
 2:30 Creative Art Group (gk)
 3:00 Tea and Trivia (Aspen Commons Activity Room)

10:00 Mind and Body in Motion (wcl) **2**
 10:00 St. Simon's Catholic Mass (cpl)
 11:00 Devotion Services (wcl)
 2:30 Gardening Group (wc)
 4:00 Smoothie Tuesdays (Aspen Commons Activity Room)

10:00 Bingo (hwd) **3**
 2:00 Parkinson's Group (Social Hall)
 2:30 Colored Shoe Game (wc)
 3:30 Devotion Services (Aspen Commons Activity Room)
 7:00 Evening Bingo (wc)

National Day of Prayer
 10:00 Room Visits/One on Ones (all) **4**
 11:00 Hope Church (hwd)
 2:35 Resident Council (gk)
 3:00 Don's Famous Popcorn (wcl)
 7:00 Game Night with Kristie (wc)

Cinco de Mayo
 10:00 Mind and Body in Motion (wcl) **5**
 11:00 Sensory Group
 11:30 Devotions with Don (hcc)
 2:30 Asparagus Puffs (gk)

National Nurses Day
 10:00 Bingo (wcl) **6**
 2:00 Nail Art/Room Visits (all)

2:00 Snack and Chat **7**
 3:00 Sunday Vesper Services (Sdr)

10:00 Mind and Body in Motion (HW) **8**
 2:30 Creative Art Group (gk)
 3:00 Tea and Trivia (Aspen Commons Activity Room)

10:00 Piano Melodies with Doretta (HW) **9**
 10:00 Craft with St Simon's (hwd)
 11:00 Devotion Services (wcl)
 12:00 Men's Lunch Bunch (Aspen Activities Room)
 2:30 Gardening Group (wc)
 3:00 Restorative Yoga with Andy (wcl)
 4:00 Smoothie Tuesdays (Aspen Commons Activity Room)
 5:00 Piano Melodies with Doretta (Aspen Commons Activity Room)

10:00 Bingo (hwd) **10**
 2:00 Parkinson's Group (Social Hall)
 2:30 Bead Art (wc)
 3:30 Devotion Services (Aspen Commons Activity Room)
 7:00 Irvington Comm Chorale (Aspen Activities Room)

10:00 Room Visits/One on Ones (all) **11**
 11:00 Hope Church (hwd)
 2:30 Travel the World (wcl)
 3:00 Flower Arranging (aca)
 3:00 Don's Famous Popcorn (wcl)
 7:00 Game Night with Kristie (wc)

10:00 Mind and Body in Motion (wcl) **12**
 11:00 Sensory Group
 11:30 Devotions with Don (hcc)
 2:30 Peach Caprese Salad (gk)

10:00 Bingo (wcl) **13**
 2:00 Nail Art/Room Visits (all)

Mothers' Day
 2:00 Snack and Chat **14**
 2:30 Mother's Day Social (hwd)
 3:00 Sunday Vesper Services (Sdr)

10:00 Mind and Body in Motion (HW) **15**
 2:30 Creative Art Group (gk)

10:00 Mind and Body in Motion (wcl) **16**
 11:00 Devotion Services (wcl)
 12:00 Ladies' Lunch Bunch (Aspen Activities Room)
 2:00 Strolling Guitar with Robin
 2:30 Gardening Group (wc)
 4:00 Smoothie Tuesdays (Aspen Commons Activity Room)

10:00 Bingo (hwd) **17**
 2:00 Parkinson's Group (Social Hall)
 2:30 Cherry Cobbler (gk)
 3:00 Men's Social Group (aca)
 3:30 Devotion Services (Aspen Commons Activity Room)
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **18**
 11:00 Hope Church (hwd)
 2:30 The Continettes Dancers (hwd)
 3:00 Don's Famous Popcorn (wcl)
 7:00 Game Night with Kristie (wc)

9:30 St. Simon's Catholic Communion (cpl) **19**
 10:00 Mind and Body in Motion (wcl)
 11:00 Sensory Group
 11:30 Devotions with Don (hcc)
 2:30 Ice Cream Social

Armed Forces Day
 10:00 Bingo (wcl) **20**
 2:00 Nail Art/Room Visits (all)

2:00 Snack and Chat **21**
 3:00 Sunday Vesper Services (Sdr)

10:00 Mind and Body in Motion (HW) **22**
 2:30 Creative Art Group (gk)
 3:00 Tea and Trivia (Aspen Commons Activity Room)

10:00 Mind and Body in Motion (wcl) **23**
 11:00 Devotion Services (wcl)
 2:30 Gardening Group (wc)
 3:00 Restorative Yoga with Andy (wcl)
 4:00 Smoothie Tuesdays (Aspen Commons Activity Room)

10:00 Bingo (hwd) **24**
 2:00 Parkinson's Group (Social Hall)
 2:30 Oreo Creations (gk)
 3:30 Devotion Services (Aspen Commons Activity Room)
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **25**
 11:00 Hope Church (hwd)
 2:30 Travel the World (wcl)
 3:00 Don's Famous Popcorn (wcl)
 7:00 Game Night with Kristie (wc)

10:00 Mind and Body in Motion (wcl) **26**
 11:00 Sensory Group
 11:30 Devotions with Don (hcc)


10:00 Bingo (wcl) **27**
 2:00 Nail Art/Room Visits (all)

12:20 Indy 500 **28**
 2:00 Snack and Chat
 3:00 Sunday Vesper Services (Sdr)

Memorial Day
 10:00 Mind and Body in Motion (HW) **29**
 2:30 Creative Art Group (gk)
 3:00 Tea and Trivia (Aspen Commons Activity Room)
 6:30 Love on a Leash Visit (all)

10:00 Mind and Body in Motion (wcl) **30**
 11:00 Devotion Services (wcl)
 2:30 Gardening Group (wc)
 4:00 Smoothie Tuesdays (Aspen Commons Activity Room)

10:00 Bingo (hwd) **31**
 2:00 Parkinson's Group (Social Hall)
 2:30 I am...collage (wc)
 3:30 Devotion Services (Aspen Commons Activity Room)
 7:00 Evening Bingo (wc)

 There are always flowers, for those who wish to see them.

May 2017

Aspen Commons Leisure Opportunities

