

**SUN**

**MON**

**TUE**

**WED**

**THUR**

**FRI**

**SAT**

**ROOM KEY**  
 all - all units  
 aca - Aspen Activities Room  
 aca - Aspen Commons Activities Room  
 ac - Aspen Commons Lounge  
 ac - Aspen Dining Room  
 all - Common Areas  
 gk - Grandma's Kitchen  
 gk - Grandmas Kitchen  
 hcc - Health Center  
 hcc - Healthcare Center  
 hw - Heatherwood

hw - Heatherwood Common Area  
 hwd - Heatherwood Dining Room  
 jdr - Juniper Dining Room  
 sc - Sycamore Courtyard  
 Sdr - Sycamore Dining Room  
 Syc Lib - Sycamore Library  
 tbr - Tamarack Board Room  
 wc - Willow Commons  
 wcl - Willow Commons Lounge  
 wc - Willow Commons  
 cpl - Willow Commons Chapel  
 wcl - Willow Commons Lounge



10:00 Mind and Body in Motion (wcl)  
 11:00 Sensory Group  
 11:30 Devotions with Don (hcc)  
**2:30 Salmon Panzanella**

**10:00 Bingo (wcl)**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group (wc)**  
 3:00 Sunday Vesper Services (Sdr)

*Labor Day*  
 10:00 Morning Wake-Up (hw)  
**2:30 Creative Art Group (gk)**  
**3:00 Tea and Trivia (Aspen Commons Activity Room)**

10:00 Mind and Body in Motion (wcl)  
**10:00 St. Simon's Catholic Mass (cpl)**  
**11:00 Devotion Services (wcl)**  
**3:00 Luau Prep (hwd)**  
**4:00 Smoothie Tuesdays (Aspen Commons Activity Room)**  
**5:30 Caregiver Support (tbr)**

**10:00 Bingo (hwd)**  
 11:30 Music Views  
 2:00 Parkinson's Group (Social Hall)  
**3:00 Spiritual Visits**  
**3:30 Group Word Games**  
**7:00 Evening Bingo (wc)**

10:00 Room Visits/One on Ones (all)  
**11:00 Hope Church (hwd)**  
**2:35 Resident Council (gk)**  
**3:00 Don's Famous Popcorn (wcl)**  
**7:00 Game Night with Kristie (wc)**

*Luau Day*  
**9:00 Books are Fun Sale (ac)**  
 10:00 Island Move and Groove (wcl)  
 11:00 Sensory Group  
 11:30 Devotions with Don (hcc)  
**12:30 Luau Themed Lunch (all)**  
**1:30 Kona Ice Truck**  
**2:00 Visits with Dakotah**  
**2:30 Luau Social (hwd)**

**10:00 Bingo (wcl)**  
 2:00 Nail Art/Room Visits (all)

*National Grandparents Day*  
**2:00 Snack and Chat**  
**2:00 Gardening Group (wc)**  
 3:00 Sunday Vesper Services (Sdr)

10:00 Morning Wake-Up (hw)  
**2:30 Creative Art Group (gk)**  
**3:00 Tea and Trivia (Aspen Commons Activity Room)**

10:00 Mind and Body in Motion (wcl)  
**11:00 Devotion Services (wcl)**  
**12:00 Men's Lunch Bunch (aca)**  
**2:30 Art Show Prep (wc)**  
 3:30 Naomi the Service Dog Visit  
**4:00 Smoothie Tuesdays (Aspen Commons Activity Room)**

**10:00 Bingo (hwd)**  
 11:30 Music Views  
**2:00 Annual Art Show (Sdr)**  
 2:00 Parkinson's Group (Social Hall)  
**3:00 Spiritual Visits**  
**7:00 Evening Bingo (wc)**

10:00 Room Visits/One on Ones (all)  
**11:00 Hope Church (hwd)**  
**2:30 Travel the World (wcl)**  
**3:00 Don's Famous Popcorn (wcl)**  
**7:00 Game Night with Kristie (wc)**

**9:30 St. Simon's Catholic Communion (cpl)**  
 10:00 Mind and Body in Motion (wcl)  
 11:00 Sensory Group  
 11:30 Devotions with Don (hcc)  
**2:30 Pineapple Steak Salad**

**10:00 Annual Dog Show (Syc Lib)**  
**10:00 Bingo (wcl)**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group (wc)**  
 3:00 Sunday Vesper Services (Sdr)

10:00 Morning Wake-Up (hw)  
**2:30 Creative Art Group (gk)**  
**3:00 Tea and Trivia (Aspen Commons Activity Room)**

*International Talk Like a Pirate Day*  
 10:00 Mind and Body in Motion (wcl)  
**11:00 Devotion Services (wcl)**  
**12:00 Ladies' Lunch Bunch (aca)**  
**2:00 Strolling Guitar with Robin**  
**3:00 Movie Trivia (wc)**  
**4:00 Smoothie Tuesdays (Aspen Commons Activity Room)**

**10:00 Bingo (hwd)**  
 11:30 Music Views  
 2:00 Parkinson's Group (Social Hall)  
**2:30 Tai Ji with Chris (hw)**  
**3:00 Spiritual Visits**  
**3:15 Jewelry Making (wc)**  
**7:00 Evening Bingo (wc)**

10:00 Room Visits/One on Ones (all)  
**11:00 Hope Church (hwd)**  
**2:30 Coconut Pineapple Surprise**  
**3:00 Flower Arranging (aca)**  
**3:00 Don's Famous Popcorn (wcl)**  
**7:00 Game Night with Kristie (wc)**

*September equinox*  
 10:00 Mind and Body in Motion (wcl)  
 11:00 Sensory Group  
 11:30 Devotions with Don (hcc)  
**2:30 Fresh Apple Pie**

**10:00 Bingo (wcl)**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group (wc)**  
 3:00 Sunday Vesper Services (Sdr)  
**3:45 Steve B's Band (jdr)**

10:00 Morning Wake-Up (hw)  
**2:30 Creative Art Group (gk)**  
**3:00 Tea and Trivia (Aspen Commons Activity Room)**  
**6:30 Love on a Leash Visit (all)**

10:00 Mind and Body in Motion (wcl)  
**11:00 Devotion Services (wcl)**  
**2:30 Apple Creations (wc)**  
 3:30 Naomi the Service Dog Visit  
**4:00 Smoothie Tuesdays (Aspen Commons Activity Room)**

**10:00 Bingo (hwd)**  
 11:30 Music Views  
 2:00 Parkinson's Group (Social Hall)  
**3:00 Spiritual Visits**  
**3:30 Peanut Butter Pie**  
**7:00 Evening Bingo (wc)**

10:00 Room Visits/One on Ones (all)  
**11:00 Hope Church (hwd)**  
**2:30 Travel the World (wcl)**  
**3:00 Don's Famous Popcorn (wcl)**  
**7:00 Game Night with Kristie (wc)**

10:00 Mind and Body in Motion (wcl)  
 11:00 Sensory Group  
 11:30 Devotions with Don (hcc)  
**2:00 WVN Alzheimer's Roll and Stroll (sc)**  
**2:30 Monthly Birthday Party (hwd)**  
**3:00 Piano Melodies with Dan (hwd)**

**10:00 Bingo (wcl)**  
**10:30 Walk To End Alzheimer's (Banker's Life Fieldhouse)**  
 2:00 Nail Art/Room Visits (all)

# September 2017

Aspen Commons Leisure Opportunities

