

**SUN**

**MON**

**TUE**

**WED**

**THUR**

**FRI**

**SAT**

**2:00 Snack and Chat**  
**2:00 Gardening Group** **30**  
 (wc)  
 3:00 Sunday Vesper Services  
 (Sdr)

10:00 Mind and Body in Motion (HW) **31**  
 11:00 Music Talk with **Jim (wcl)**  
 2:30 Creative Art Group (gk)  
 6:30 Love on a Leash Visit (all)

**ROOM KEY**  
 all - all units  
 aca - Aspen Commons Activities Room  
 all - Common Areas  
 gk - Grandma's Kitchen  
 gk - Grandmas Kitchen  
 hcc - Health Center  
 hcc - Healthcare Center  
 HW - Heatherwood Common Area  
 hwd - Heatherwood Dining Room  
 Sdr - Sycamore Dining Room  
 wc - Willow Commons  
 wcl - Willow Commons Lounge  
 wc - Willow Commons  
 cpl - Willow Commons Chapel  
 wcl - Willow Commons Lounge



**10:00 Bingo (wcl)** **1**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group** **2**  
 (wc)  
 3:00 Sunday Vesper Services  
 (Sdr)

10:00 Mind and Body in Motion (HW) **3**  
 11:00 Music Talk with **Jim (wcl)**  
 2:30 Creative Art Group (gk)  
 3:00 Tea and Trivia (Aspen Commons Activity Room)

**Independence Day**  
 10:00 Mind and Body in Motion (wcl) **4**  
 10:45 Daily Chronicles  
 11:00 Devotion Services (wcl)  
 2:30 Patriotic Patio Party (Willow Commons Courtyard)  
 2:30 Gardening Group (wc)

**10:00 Bingo (hwd)** **5**  
 11:30 Sensory Group (all)  
 11:30 Bird Watchers (HW)  
 2:00 Parkinson's Group (Social Hall)  
 2:30 Travel the World (wcl)  
 3:30 Devotion Services (Aspen Commons Activity Room)  
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **6**  
 11:00 Hope Church (hwd)  
 3:00 Independence Party (hwd)  
 3:00 Don's Famous Popcorn (hwd)  
 3:30 Roe Family Band (hwd)  
 7:00 Game Night with Kristie (wc)

10:00 Mind and Body in Motion (wcl) **7**  
 11:00 Daily Chronicles  
 11:30 Devotions with Don (hcc)  
 2:30 Mint Chocolate Ice Cream Cake

**10:00 Bingo (wcl)** **8**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group** **9**  
 (wc)  
 3:00 Sunday Vesper Services  
 (Sdr)

10:00 Mind and Body in Motion (HW) **10**  
 11:00 Music Talk with **Jim (wcl)**  
 2:30 Creative Art Group (gk)  
 3:00 Tea and Trivia (Aspen Commons Activity Room)

**10:00 Piano Melodies with Doretta (HW)** **11**  
 11:00 Devotion Services (wcl)  
 12:00 Men's Lunch Bunch (Aspen Activities Room)  
 2:30 Gardening Group (wc)  
 4:00 Smoothie Tuesdays (wcl)  
 5:00 Piano Melodies with Doretta (Aspen Commons Activity Room)

**10:00 Bingo (hwd)** **12**  
 11:30 Sensory Group (all)  
 11:30 Bird Watchers (HW)  
 2:00 Parkinson's Group (Social Hall)  
 2:30 Watermelon Pizza (wc)  
 3:30 Devotion Services (Aspen Commons Activity Room)  
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **13**  
 11:00 Hope Church (hwd)  
 2:35 Resident Council (gk)  
 3:00 Don's Famous Popcorn (wcl)  
 7:00 Game Night with Kristie (wc)

10:00 Mind and Body in Motion (wcl) **14**  
 11:00 Daily Chronicles  
 11:30 Devotions with Don (hcc)  
 2:30 Mango Blueberry Quinoa Salad

**10:00 Bingo (wcl)** **15**  
 2:00 Nail Art/Room Visits (all)

**2:00 Snack and Chat**  
**2:00 Gardening Group** **16**  
 (wc)  
 3:00 Sunday Vesper Services  
 (Sdr)

10:00 Mind and Body in Motion (HW) **17**  
 11:00 Music Talk with **Jim (wcl)**  
 2:30 Creative Art Group (gk)  
 3:00 Tea and Trivia (Aspen Commons Activity Room)

10:00 Mind and Body in Motion (wcl) **18**  
 10:45 Daily Chronicles  
 11:00 Devotion Services (wcl)  
 12:00 Ladies' Lunch Bunch (Aspen Activities Room)  
 2:00 Strolling Guitar with Robin  
 2:30 Gardening Group (wc)

**10:00 Bingo (hwd)** **19**  
 11:30 Sensory Group (all)  
 11:30 Bird Watchers (HW)  
 2:00 Parkinson's Group (Social Hall)  
 2:30 Jewelry Making (wc)  
 3:00 Men's Social Group (aca)  
 3:30 Devotion Services (Aspen Commons Activity Room)  
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **20**  
 11:00 Hope Church (hwd)  
 2:30 Monthly Birthday Party (hwd)  
 3:00 Music with Dan Robin (hwd)  
 3:00 Don's Famous Popcorn (wcl)  
 7:00 Game Night with Kristie (wc)

**9:30 St. Simon's Catholic Communion (cpl)** **21**  
 10:00 Mind and Body in Motion (wcl)  
 11:00 Daily Chronicles  
 11:30 Devotions with Don (hcc)  
 2:30 Homemade Ice Cream

**10:00 Bingo (wcl)** **22**  
 2:00 Nail Art/Room Visits (all)

*Parents' Day*  
**2:00 Snack and Chat**  
**2:00 Gardening Group** **23**  
 (wc)  
 3:00 Sunday Vesper Services  
 (Sdr)

10:00 Mind and Body in Motion (HW) **24**  
 11:00 Music Talk with **Jim (wcl)**  
 2:30 Creative Art Group (gk)  
 3:00 Tea and Trivia (Aspen Commons Activity Room)

10:00 Mind and Body in Motion (wcl) **25**  
 10:45 Daily Chronicles  
 11:00 Devotion Services (wcl)  
 1:00 Intrepid Petting Zoo  
 2:30 Gardening Group (wc)  
 4:00 Smoothie Tuesdays (wcl)

**10:00 Bingo (hwd)** **26**  
 11:30 Sensory Group (all)  
 11:30 Bird Watchers (HW)  
 2:00 Parkinson's Group (Social Hall)  
 2:30 Homemade Ice Cream (wc)  
 3:30 Devotion Services (Aspen Commons Activity Room)  
 7:00 Evening Bingo (wc)

10:00 Room Visits/One on Ones (all) **27**  
 11:00 Hope Church (hwd)  
 2:30 Travel the World (wcl)  
 3:00 Don's Famous Popcorn (wcl)  
 7:00 Game Night with Kristie (wc)

10:00 Mind and Body in Motion (wcl) **28**  
 11:00 Daily Chronicles  
 11:30 Devotions with Don (hcc)  
 2:30 Fruit Salsa

**10:00 Bingo (wcl)** **29**  
 2:00 Nail Art/Room Visits (all)

**July 2017**

Heatherwood Monthly Activity Opportunities

