

SUN

MON

TUE

WED

THUR

FRI

SAT

**Gracious speech is like
clover honey- good taste to
the soul, quick energy for
the body.**

Proverbs 16:24

ROOM KEY
all - all units
all - Common Areas
gk - Grandma's Kitchen
gk - Grandma's Kitchen
hcc - Health Center
hcc - Healthcare Center
hw - Heatherwood
hwa - Heatherwood Activity Room
hw - Heatherwood Common Area
hwd - Heatherwood Dining Room
Sdr - Sycamore Dining Room
thr - Tamarack Board Room
wcl - Willow Commons
wcl - Willow Commons Lounge
wcl - Willow Commons
wcl - Willow Commons Chapel
wcl - Willow Commons Lounge

<p>2:00 Snack and Chat 3:00 Sunday Vesper Services (Sdr)</p>		<p>4</p>	<p>10:00 Morning Wake-Up (hw) 11:00 Music Talk with Jim (wcl) 2:30 Creative Art Group (gk) 3:00 Tea and Trivia (Aspen Commons Activity Room)</p>	<p>5</p>	<p>10:00 Mind and Body in Motion (wcl) 10:00 St. Simon's Catholic Mass (Aspen Activities Room) 10:45 Daily Chronicles 11:00 Devotion Services (wcl) 2:00 Devotion Services (hw) 2:00 Parkinson's Group (Social Hall) 2:30 Movie Matinee (wcl) 3:30 Naomi the Service Dog Visit 3:30 Party Planning 5:30 Caregiver Support Group (TBR) 7:00 Billiards (Tamarack)</p>	<p>6</p>	<p>10:00 Bingo (hwd) 11:30 Music Views 11:30 Bird Watchers (hw) 2:30 Pudding Dump Cake (wc) 3:00 Spiritual Visits 7:00 Evening Bingo (wc)</p>	<p>7</p>	<p>10:00 Room Visits/One on Ones (all) 10:00 Parkinson's Group (Social Hall) 11:00 Hope Church (hwd) 2:35 Resident Council (gk) 3:00 Don's Famous Popcorn (wcl) 4:00 Sensory Group (hwa)</p>	<p>1</p>	<p><i>Groundhog Day</i> <i>National Wear Red Day</i> 10:00 Mind and Body in Motion (wcl) 10:30 Trivia and Cocoa (hwa) 11:00 Daily Chronicles 11:30 Devotions with Don (hcc) 2:30 Salmon Bruschetta (gk) 3:15 Sensory Group (hwa)</p>	<p>2</p>	<p>10:00 Bingo (wcl) 2:00 Nail Art/Room Visits (all)</p>	<p>3</p>
<p>2:00 Snack and Chat 3:00 Sunday Vesper Services (Sdr)</p>		<p>11</p>	<p>10:00 Morning Wake-Up (hw) 11:00 Music Talk with Jim (wcl) 2:30 Creative Art Group (gk) 3:00 Tea and Trivia (Aspen Commons Activity Room)</p>	<p>12</p>	<p><i>Shrove Tuesday/Mardi Gras</i> 10:00 Mind and Body in Motion (wcl) 10:45 Daily Chronicles 11:00 Devotion Services (wcl) 12:00 Men's Lunch Bunch (Aspen Activities Room) 2:00 Devotion Services (hw) 2:00 Parkinson's Group (Social Hall) 2:30 Movie Matinee (wcl) 3:30 Horseshoes 3:30 Party Planning 4:00 Smoothie Tuesdays (wcl) 7:00 Evening Game Night (wc) 7:00 Billiards (Tamarack)</p>	<p>13</p>	<p><i>Valentine's Day</i> <i>Ash Wednesday</i> 10:00 Bingo (hwd) 11:30 Music Views 11:30 Bird Watchers (hw) 2:30 Tai Ji with Chris (hw) 3:00 Spiritual Visits 7:00 Evening Bingo (wc)</p>	<p>14</p>	<p>10:00 Room Visits/One on Ones (all) 10:00 Parkinson's Group (Social Hall) 11:00 Hope Church (hwd) 2:30 Cookie Baking (wc) 3:00 Don's Famous Popcorn (wcl) 4:00 Sensory Group (hwa)</p>	<p>15</p>	<p><i>Chinese New Year Begins</i> 9:30 St. Simon's Catholic Communion (cpl) 10:00 Mind and Body in Motion (wcl) 10:30 Trivia and Cocoa (hwa) 11:00 Daily Chronicles 11:30 Devotions with Don (hcc) 3:00 Valentine's Day Party (hwd) 3:15 Sensory Group (hwa)</p>	<p>16</p>	<p>10:00 Bingo (wcl) 2:00 Nail Art/Room Visits (all)</p>	<p>17</p>
<p>2:00 Snack and Chat 3:00 Sunday Vesper Services (Sdr)</p>		<p>18</p>	<p><i>Presidents' Day</i> 10:00 Morning Wake-Up (hw) 11:00 Music Talk with Jim (wcl) 2:30 Creative Art Group (gk) 3:00 Tea and Trivia (Aspen Commons Activity Room)</p>	<p>19</p>	<p>10:00 Mind and Body in Motion (wcl) 10:45 Daily Chronicles 11:00 Devotion Services (wcl) 12:00 Ladies' Lunch Bunch (Aspen Activities Room) 2:00 Devotion Services (hw) 2:00 Strolling Guitar with Robin 2:00 Parkinson's Group (Social Hall) 2:30 Movie Matinee (wcl) 3:30 Naomi the Service Dog Visit 3:30 Billiards Table (Tamarack) 7:00 Billiards (Tamarack)</p>	<p>20</p>	<p>10:00 Bingo (hwd) 11:30 Music Views 11:30 Bird Watchers (hw) 2:30 Painter's Table (wc) 3:00 Spiritual Visits 7:00 Evening Bingo (wc)</p>	<p>21</p>	<p>10:00 Room Visits/One on Ones (all) 10:00 Parkinson's Group (Social Hall) 11:00 Hope Church (hwd) 2:30 Casino Games (wcl) 2:30 Travel the World (wcl) 3:00 Don's Famous Popcorn (wcl) 4:00 Sensory Group (hwa)</p>	<p>22</p>	<p>10:00 Mind and Body in Motion (wcl) 10:30 Trivia and Cocoa (hwa) 11:00 Daily Chronicles 11:30 Devotions with Don (hcc) 2:30 Baked Crab Dip (gk) 3:15 Sensory Group (hwa)</p>	<p>23</p>	<p>10:00 Bingo (wcl) 2:00 Nail Art/Room Visits (all)</p>	<p>24</p>
<p>2:00 Snack and Chat 3:00 Sunday Vesper Services (Sdr)</p>		<p>25</p>	<p>10:00 Morning Wake-Up (hw) 11:00 Music Talk with Jim (wcl) 2:30 Creative Art Group (gk) 3:00 Tea and Trivia (Aspen Commons Activity Room) 6:30 Love on a Leash Visit (all)</p>	<p>26</p>	<p>10:00 Mind and Body in Motion (wcl) 10:45 Daily Chronicles 11:00 Devotion Services (wcl) 2:00 Devotion Services (hw) 2:00 Parkinson's Group (Social Hall) 2:30 Movie Matinee (wcl) 3:30 Bowling 4:00 Smoothie Tuesdays (wcl) 7:00 Evening Game Night (wc)</p>	<p>27</p>	<p>10:00 Bingo (hwd) 11:30 Music Views 11:30 Bird Watchers (hw) 2:30 Nail Art/Hand Massages (wc) 2:30 Creative Cooking (hwa) 3:00 Spiritual Visits 7:00 Evening Bingo (wc)</p>	<p>28</p>						

February 2018

Heatherwood Monthly Activity Opportunities

