

SUN

MON

TUE

WED

THUR

FRI

SAT

ROOM KEY
 cc - (Cedar Commons)
 all - all units
 aca - Aspen Activities Room
 asa - Aspen Commons Activities Room
 ac - Aspen Commons Lounge
 ad - Aspen Dining Room
 ce - Cedar Commons
 ca - Cedar Commons Activity Room
 all - Common Areas
 hwd - Heatherwood Dining Room
 sc - Sycamore Courtyard
 Sdr - Sycamore Dining Room
 Syc Lib - Sycamore Library
 tbr - Tamarack Board Room
 cpl - Willow Commons Chapel



10:00 Morning Greetings
10:30 Creative Cooking
 11:30 Trivia Group
 2:45 Brain Food
3:00 Devotion Services (cc)
 4:00 Movie Matinee

10:00 HC Bingo
11:30 Weekend Warm-Up
 2:00 Movie Matinee

10:00 Morning Exercise
 11:00 Nail Art (cc)
2:00 Snack and Chat
 3:00 Sunday Vesper Services (Sdr)

Labor Day
 10:00 Morning Greetings
 10:30 Morning Exercise
11:00 Brain Games
 11:00 Nail Art (cc)
 12:00 News and Views
2:30 Creative Arts Group
 3:30 Sensory Group

9:45 Morning Greetings
10:00 St. Simon's Catholic Mass (cpl)
10:30 Muscle Memory
 11:15 Sensory Group
3:00 Music Makers
 4:30 Movie Matinee
5:30 Caregiver Support (tbr)

9:45 Morning Greetings
 10:00 Sensory Tables
10:00 HC Bingo
11:00 Devotion Services (cc)
 11:30 Trivia Group
 2:00 Parkinson's Group (Social Hall)
2:30 Group Game
 3:30 Fine Motor Tasks
7:00 HC Bingo

10:30 Morning Greetings
11:00 Hope Church (hwd)
11:00 Daily Tasks
2:30 Aromatherapy Hand Massages
 3:00 Movie Matinee
 3:30 One on One/Room Visits

Luau Day
9:00 Books are Fun Sale (ac)
 10:00 Morning Greetings
10:30 Creative Cooking
 11:30 Trivia Group
 12:30 Luau Themed Lunch (all)
1:30 Kona Ice Truck
2:00 Visits with Dakotah
2:30 Luau Social (hwd)
 2:45 Brain Food
3:00 Devotion Services (cc)
 4:00 Movie Matinee

10:00 HC Bingo
11:30 Weekend Warm-Up
 2:00 Movie Matinee

National Grandparents Day
 10:00 Morning Exercise
 11:00 Nail Art (cc)
2:00 Snack and Chat
 3:00 Sunday Vesper Services (Sdr)

10:00 Morning Greetings
 10:30 Morning Exercise
11:00 Brain Games
 11:00 Nail Art (cc)
 12:00 News and Views
2:30 Creative Arts Group
 3:30 Sensory Group

9:45 Morning Greetings
10:30 Muscle Memory
 11:15 Sensory Group
12:00 Men's Lunch Bunch (aca)
3:00 Music Makers
 3:30 Naomi the Service Dog Visit
 4:30 Movie Matinee

9:45 Morning Greetings
 10:00 Sensory Tables
10:00 HC Bingo
11:00 Devotion Services (cc)
 11:30 Trivia Group
2:00 Annual Art Show (Sdr)
 2:00 Parkinson's Group (Social Hall)
2:30 Group Game
 3:30 Fine Motor Tasks
7:00 HC Bingo

10:30 Morning Greetings
11:00 Hope Church (hwd)
11:00 Daily Tasks
2:30 Aromatherapy Hand Massages
 3:00 Movie Matinee
 3:30 One on One/Room Visits

9:30 St. Simon's Catholic Communion (cpl)
 10:00 Morning Greetings
10:30 Creative Cooking
 11:30 Trivia Group
 2:45 Brain Food
3:00 Devotion Services (cc)
 4:00 Movie Matinee

10:00 Annual Dog Show (Syc Lib)
10:00 HC Bingo
11:30 Weekend Warm-Up
 2:00 Movie Matinee

10:00 Morning Exercise
 11:00 Nail Art (cc)
2:00 Snack and Chat
 3:00 Sunday Vesper Services (Sdr)

10:00 Morning Greetings
 10:30 Morning Exercise
11:00 Brain Games
 11:00 Nail Art (cc)
 12:00 News and Views
2:30 Creative Arts Group
 3:30 Sensory Group

International Talk Like a Pirate Day
 9:45 Morning Greetings
10:30 Muscle Memory
 11:15 Sensory Group
12:00 Ladies' Lunch Bunch (aca)
3:00 Music Makers
 4:30 Movie Matinee

9:45 Morning Greetings
 10:00 Sensory Tables
10:00 HC Bingo
11:00 Devotion Services (cc)
 11:30 Trivia Group
 2:00 Parkinson's Group (Social Hall)
2:30 Group Game
 3:30 Fine Motor Tasks
7:00 HC Bingo

10:30 Morning Greetings
11:00 Hope Church (hwd)
11:00 Daily Tasks
2:30 Aromatherapy Hand Massages
 3:00 Movie Matinee
 3:30 One on One/Room Visits

September equinox
 10:00 Morning Greetings
10:30 Creative Cooking
 11:30 Trivia Group
 2:45 Brain Food
3:00 Devotion Services (cc)
 4:00 Movie Matinee

10:00 HC Bingo
11:30 Weekend Warm-Up
 2:00 Movie Matinee

10:00 Morning Exercise
 11:00 Nail Art (cc)
2:00 Snack and Chat
 3:00 Sunday Vesper Services (Sdr)

10:00 Morning Greetings
 10:30 Morning Exercise
11:00 Brain Games
 11:00 Nail Art (cc)
 12:00 News and Views
2:30 Creative Arts Group
 3:30 Sensory Group

9:45 Morning Greetings
10:30 Muscle Memory
11:00 Tai Ji with Chris
 11:15 Sensory Group
3:00 Music Makers
 3:30 Naomi the Service Dog Visit
 4:30 Movie Matinee

9:45 Morning Greetings
 10:00 Sensory Tables
10:00 HC Bingo
11:00 Devotion Services (cc)
 11:30 Trivia Group
 2:00 Parkinson's Group (Social Hall)
2:30 Group Game
 3:30 Fine Motor Tasks
7:00 HC Bingo

10:30 Morning Greetings
11:00 Hope Church (hwd)
11:00 Daily Tasks
2:30 Aromatherapy Hand Massages
 3:00 Movie Matinee
 3:30 One on One/Room Visits

10:00 Morning Greetings
10:30 Creative Cooking
 11:30 Trivia Group
2:00 WVN Alzheimer's Roll and Stroll (sc)
2:30 Monthly Birthday Party (hwd)
 2:45 Brain Food
2:45 Piano Melodies with Barbara
3:00 Piano Melodies with Dan (hwd)
3:00 Devotion Services (cc)
 4:00 Movie Matinee

10:00 HC Bingo
10:30 Walk To End Alzheimer's (Banker's Life Fieldhouse)
11:30 Weekend Warm-Up
 2:00 Movie Matinee

September 2017

Cedar Commons Activity Program

