

SUN	MON	TUE	WED	THUR	FRI	SAT							
		6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Support Group for those Living with Early Stages of Memory Loss (Board Room) 11:00 Water Aerobics with Nancy (Pool) 11:00 Book Club One - "A Gentleman in Moscow" (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers (Carriage Room) 2:00 Mahjong (Bistro Coffee Shop) 3:00 Horseshoes (Bistro Lawn) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation (Clubhouse Conference Room) 4:00 Men's Night (Private Dining Room) 7:30 Bridge Club (Auditorium)	1	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 5:00 Group Rosary (Resident Card Room)	2	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Stevens Library (North Andover) 10:30 ELL Program - The English Roots and Transatlantic Shoots of the Mystery Story (ELL Classroom) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 3:00 Cribbage (Bistro Coffee Shop) 3:15 Quilt Group (Arts & Crafts Room) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Private Dining Room) 7:30 Social Poker (The Carriage Room)	3	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 8:45 Market Basket Shopping (North Andover) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 CVS/Bank of America (North Andover) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Mark Twain Tonight!" (Channel 918) 7:30 Movie - "Mark Twain Tonight!" (Channel 918)	4	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 10:30 Creative Cards - Cancelled (Arts & Crafts Room) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Walking with the Enemy" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - Series will be determined in class (Auditorium) 7:30 Movie "Walking with the Enemy" (Channel 918)	5		
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 2:00 Movie "The Eccentricities of a Nightingale" (Channel 918) 7:30 Movie "The Eccentricities of a Nightingale" (Channel 918)	6	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 CVS/Bank of America (North Andover) 11:00 Exercise Your Brain (Arts & Crafts Room) 12:00 Treasure Cove Open for Sales (Building 3 Garage) 1:00 Market Basket Shopping (North Andover) 1:30 Art Program with Luba Shapiro Grenader (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training (Fitness Center) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio) 4:00 August Birthday Reception (Private Dining Room)	7	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Caregiver Support Group-Cancelled (Private Dining Room) 11:00 Water Aerobics with Nancy (Pool) 11:15 Bible Study (Resident Card Room) 11:30 ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers (Auditorium) 2:00 Mahjong (Bistro Coffee Shop) 3:00 Horseshoes (Bistro Lawn) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation (Clubhouse Conference Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	8	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 5:00 Group Rosary (Resident Card Room)	9	6:30 Open Swim (Pool) 7:30 Aqua Dance- Cancelled (Pool) 8:30 Group Fitness Training-Cancelled (Fitness Center) 10:00 Stevens Library (North Andover) 10:30 ELL Program - The English Roots and Transatlantic Shoots of the Mystery Story (ELL Classroom) 11:00 Water Aerobics-Cancelled (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing - Cancelled (Fitness Studio) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	10	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 8:45 Market Basket Shopping (North Andover) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 CVS/Bank of America (North Andover) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Barbra Streisand: Live in Concert 2006" (Channel 918) 7:30 Rhapsody in Red, White and Blue with Bonnie Anderson, Pianist (Auditorium) 7:30 Movie - "Barbra Streisand: Live in Concert 2006" (Channel 918)	11	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 10:30 Memorial Service for Henrietta Johnson (Christ Church, Andover) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Woodlawn" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - Series will be determined in class (Auditorium) 7:30 Movie "Woodlawn" (Channel 918) 7:30 The Lowell Gentlemen Songsters Barbershop Chorus (Tent on the Bistro Patio, weather permitting, otherwise the Auditorium)	12
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 2:00 Movie "Snow in August" (Channel 918) 7:30 Movie "Snow in August" (Channel 918)	13	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 CVS/Bank of America (North Andover) 11:00 Exercise Your Brain (Arts & Crafts Room) 1:00 Market Basket Shopping (North Andover) 1:30 Cuddle Dolls (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training-Cancelled (Fitness Center) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio)	14	6:30 Open Swim (Pool) 7:30 Aqua Dance- Cancelled (Pool) 8:30 Group Fitness Training-Cancelled (Fitness Center) 11:00 Water Aerobics - Cancelled (Pool) 11:15 Bible Study with Rev. Hughes (Resident Card Room) 1:00 Rock Steady Boxing Class-Cancelled (Fitness Studio) 2:00 Edgewood Singers (Carriage Room) 2:00 Mahjong (Bistro Coffee Shop) 3:00 Horseshoes (Bistro Lawn) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation-Cancelled (Clubhouse Conference Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	15	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 9:30 Spirit of Boston Lunch Cruise on the Harbor (Boston) 10:00 Strength Training (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 5:00 Group Rosary (Resident Card Room)	16	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Stevens Library (North Andover) 10:30 ELL Program - The English Roots and Transatlantic Shoots of the Mystery Story (ELL Classroom) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class-Cancelled (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 American Red Cross Blood Drive (Auditorium) 3:00 Cribbage (Bistro Coffee Shop) 3:15 Quilt Group (Arts & Crafts Room) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 4:00 Relaxing Chair Massage (Rokous Clinic) 7:30 Social Poker (The Carriage Room)	17	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 8:45 Market Basket Shopping (North Andover) 10:00 Strength Training (Fitness Studio) 10:15 Hammond Castle Museum (Gloucester, MA) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 CVS/Bank of America (North Andover) 12:30 Kayak the Lake (Meet at the kayak rack) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Ben Hur" (Channel 918) 7:30 Movie - "Ben-Hur" (Channel 918)	18	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Why Him?" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - Series will be determined in class (Auditorium) 7:30 Movie "Why Him?" (Channel 918)	19
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 2:00 Movie "Grace Unplugged" (Channel 918) 7:30 Movie "Grace Unplugged" (Channel 918)	20	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:00 Treasure Cove Receiving (Card Room) 11:00 CVS/Bank of America (North Andover) 11:00 Baseball Toss (Bistro Lawn) 11:00 Exercise Your Brain (Arts & Crafts Room) 1:00 Market Basket Shopping (North Andover) 1:30 Solar Eclipse Party (Bistro Lawn (weather permitting, otherwise join us in the living room)) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training (Fitness Center) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio)	21	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Caregiver Support Group (Private Dining Room) 11:00 Water Aerobics with Nancy (Pool) 11:30 ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 1:30 Catholic Mass (ELL Classroom) 2:00 Edgewood Singers - CANCELLED (Auditorium) 2:00 Mahjong (Bistro Coffee Shop) 3:00 Horseshoes (Bistro Lawn) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation (Clubhouse Conference Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	22	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 9:45 Lowell's Boat Shop (Amesbury, MA) 10:00 Strength Training (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 5:00 Group Rosary (Resident Card Room) 7:30 Duplicate Bridge (Auditorium)	23	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Stevens Library (North Andover) 10:30 ELL Program - The English Roots and Transatlantic Shoots of the Mystery Story (ELL Classroom) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 1:30 Opera Appreciation with Erika Reitshamer (Auditorium) 2:00 Investment Club (Clubhouse Conference Room) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	24	6:30 Open Swim (Pool) 8:45 Yoga-Cancelled (Fitness Studio) 8:45 Market Basket Shopping (North Andover) 9:30 Upper Ipswich River Kayak & Canoe Outing (Topsfield, MA) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 CVS/Bank of America (North Andover) 1:00 Shabbat (Auditorium) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "The Founder" (Channel 918) 7:30 Movie - "The Founder" (Channel 918)	25	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Saturday Afternoon at the Movies - Jackie (Auditorium) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - Series will be determined in class (ELL Classroom - Please note location change) 7:30 Movie "Jackie" (Channel 918) 7:30 Rebecca Shaw, Cellist (Auditorium)	26
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 2:00 Movie "The Great Waldo Pepper" (Channel 918) 5:30 Oberlaender Hofbrau Band (North Andover Common) 7:30 Movie "The Great Waldo Pepper" (Channel 918)	27	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 CVS/Bank of America (North Andover) 11:00 Exercise Your Brain (Arts & Crafts Room) 1:00 Market Basket Shopping (North Andover) 1:30 Putting Tournament (Putting Green) 1:30 Cuddle Dolls (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training (Fitness Center) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio)	28	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 11:00 Water Aerobics with Nancy (Pool) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers-CANCELLED (Carriage Room) 2:00 Mahjong (Bistro Coffee Shop) 3:00 Horseshoes (Bistro Lawn) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation (Clubhouse Conference Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	29	6:30 Open Swim (Pool) 8:45 Yoga-Cancelled (Fitness Studio) 9:30 Walk the Marginal Way (Ogunquit, ME) 10:00 Strength Training-Cancelled (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 5:00 Group Rosary (Resident Card Room) 7:30 Duplicate Bridge (Auditorium)	30	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Stevens Library (North Andover) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 ELL Program - Beer Makes Everything Better with Nate Vincent (Auditorium) 3:00 Cribbage (Bistro Coffee Shop) 3:15 Quilt Group (Arts & Crafts Room) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	31				

# August 2017

## Life Enrichment Activities Calendar

978-738-6446

