

SUN	MON	TUE	WED	THUR	FRI	SAT							
				6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Play Pool (Pool Room) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	<b>1</b>	<b>National Wear Red Day</b> 6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 Seated Yoga (Fitness Studio) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Funny Face" (Channel 918) 7:30 Movie - "Funny Face" (Channel 918)	<b>2</b>	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 10:30 Creative Cards (Arts & Crafts Room) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Children of a Lesser God" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - "Experiencing America - A Smithsonian Tour Through American History" (ELL Classroom) 7:30 Movie "Children of a Lesser God" (Channel 918)	<b>3</b>				
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 10:00 Transportation to South Church (Andover) 2:00 Movie - "Ruby Bridges" (Channel 918) 7:30 Movie - "Ruby Bridges" (Channel 918)	<b>4</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 Circuit Training - Sign up required (Fitness Studio) 11:00 Exercise Your Brain (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training (Fitness Center) 2:00 ELL Program - Great Decisions 2018 (Auditorium) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio) 4:00 February Birthday Reception (Private Dining Room)	<b>5</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Support Group for those Living with Early Stages of Memory Loss (Private Dining Room) 10:00 Market Basket Shopping (North Andover) 10:00 Open Council Planning Meeting (Auditorium) 11:00 Water Aerobics with Nancy (Pool) 11:00 Book Club One (Arts & Crafts Room) 11:30 ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers (Auditorium) 2:00 Play Pool (Pool Room) 2:00 Mahjong (Bistro Coffee Shop) 3:15 Bingo (Arts & Crafts Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	<b>6</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 Circuit Training - Sign up required (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 2:00 Play Pool (Pool Room) 5:00 Group Rosary (Resident Card Room)	<b>7</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Play Pool (Pool Room) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	<b>8</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 Seated Yoga (Fitness Studio) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "A Dog of Flanders" (Channel 918) 7:30 Movie - "A Dog of Flanders" (Channel 918)	<b>9</b>	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Mrs. Miniver" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - "Experiencing America - A Smithsonian Tour Through American History" (ELL Classroom) 7:30 Movie "Mrs. Miniver" (Channel 918)	<b>10</b>
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 10:00 Transportation to South Church (Andover) 2:00 Movie - "Ken Burns: The Address" (Channel 918) 7:30 Movie - "Ken Burns: The Address" (Channel 918)	<b>11</b>	6:30 Open Swim (Pool) 8:45 Yoga - CANCELLED (Fitness Studio) 10:00 Strength Training-CANCELLED (Fitness Studio) 11:00 Circuit Training - CANCELLED (Fitness Studio) 11:00 Exercise Your Brain (Arts & Crafts Room) 1:30 Cuddle Dolls (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training-CANCELLED (Fitness Center) 2:00 ELL Program - Great Decisions 2018 (Auditorium) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio)	<b>12</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 10:00 Caregiver Support Group (Private Dining Room) 11:00 Water Aerobics with Nancy (Pool) 11:15 Bible Study (Resident Card Room) 11:30 ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers (Carriage Room) 2:00 Play Pool (Pool Room) 2:00 Mahjong (Bistro Coffee Shop) 3:15 Bingo (Arts & Crafts Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	<b>13</b>	<b>Valentine's Day Ash Wednesday</b> 6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 Circuit Training - Sign up required (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 2:00 Play Pool (Pool Room) 5:00 Group Rosary (Resident Card Room)	<b>14</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 10:00 Resident Council Meeting (Auditorium) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Play Pool (Pool Room) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	<b>15</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 Seated Yoga (Fitness Studio) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Fly Away Home" (Channel 918) 7:30 Movie - "Fly Away Home" (Channel 918)	<b>16</b>	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 2:00 Movie "Batkid Begins" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - "Experiencing America - A Smithsonian Tour Through American History" (ELL Classroom) 7:30 Movie "Batkid Begins" (Channel 918)	<b>17</b>
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 10:00 Transportation to South Church (Andover) 2:00 Movie - "Buck" (Channel 918) 7:30 Movie - "Buck" (Channel 918)	<b>18</b>	<b>Presidents' Day</b> 10:00 Treasure Cove Receiving (Card Room) 2:00 Ping Pong (Fitness Studio) 2:00 ELL Program - Great Decisions 2018 (Auditorium) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio)	<b>19</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 10:30 Book Club II (Arts & Crafts Room) 11:00 Water Aerobics with Nancy (Pool) 11:15 Bible Study - CANCELLED (Resident Card Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Edgewood Singers (Auditorium) 2:00 Play Pool (Pool Room) 2:00 Mahjong (Bistro Coffee Shop) 3:15 Bingo (Arts & Crafts Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	<b>20</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 Circuit Training - Sign up required (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 2:00 Play Pool (Pool Room) 5:00 Group Rosary (Resident Card Room) 7:30 South Church Service (Auditorium)	<b>21</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 11:00 Water Aerobics (Pool) 1:00 Watercolor Class (Arts & Crafts Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 2:00 Investment Club (Clubhouse Conference Room) 2:00 Play Pool (Pool Room) 3:00 Cribbage (Bistro Coffee Shop) 3:30 Christ Church Episcopal Service (Resident Card Room) 3:30 Taoist Tai Chi - New Beginner (Fitness Studio) 4:00 Ladies' Night (Pub) 7:30 Social Poker (The Carriage Room)	<b>22</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:30 ELL Program - What is On Your Mind? (Auditorium) 11:00 Boston Symphony Orchestra (Boston) 11:00 Seated Yoga (Fitness Studio) 1:00 Shabbat (Private Dining Room) 1:30 Beach Ball Volleyball (Pool) 2:00 Great Storytelling in Art - Raphael to Rockwell With Jane Oneal (Auditorium) 2:00 Ping Pong (Fitness Studio) 2:00 Movie "Megan Leavey" (Channel 918) 7:30 Movie - "Megan Leavey" (Channel 918)	<b>23</b>	9:00 Taoist Tai Chi New Beginner (Fitness Studio) 10:00 Taoist Tai Chi Set Review (Fitness Studio) 11:00 Taoist Tai Chi - Health Recovery (Fitness Studio) 11:30 Metropolitan Opera - La Boheme (Showcase Cinemas, Lowell) 2:00 Movie "Unbroken" (Channel 918) 3:30 Transportation to St. Michael's Church (North Andover) 4:00 ELL Program - Great Video Series - "Experiencing America - A Smithsonian Tour Through American History" (ELL Classroom) 7:30 Movie "Unbroken" (Channel 918)	<b>24</b>
9:30 Transportation to Christ Church 10:00 Catholic Communion Service (Auditorium) 10:00 Transportation to South Church (Andover) 2:00 Movie - "Eat Pray Love" (Channel 918) 2:00 Strawberry Jazz Ensemble (Auditorium) 7:30 Movie - "Eat Pray Love" (Channel 918)	<b>25</b>	6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 11:00 Circuit Training - Sign up required (Fitness Studio) 11:00 Exercise Your Brain (Arts & Crafts Room) 11:00 Movement Disorders Support Group (Resident Card Room) 1:30 Cuddle Dolls (Arts & Crafts Room) 2:00 Ping Pong (Fitness Studio) 2:00 Group Fitness Training (Fitness Center) 3:30 Taoist Tai Chi - Health Recovery (Fitness Studio) 7:30 You're Never Too Old for Seuss Presented by Ellen and Dave VanArsdale (Auditorium)	<b>26</b>	6:30 Open Swim (Pool) 7:30 Aqua Dance (Pool) 8:30 Group Fitness Training (Fitness Center) 10:00 Market Basket Shopping (North Andover) 10:00 Caregiver Support Group (Private Dining Room) 11:00 Water Aerobics with Nancy (Pool) 11:30 ELL Program - Today's News with Ken Goldstein (Clubhouse Conference Room) 1:00 Rock Steady Boxing Class (Fitness Studio) 1:30 Bullying Amongst Seniors? (Auditorium) 2:00 Edgewood Singers (Carriage Room) 2:00 Play Pool (Pool Room) 2:00 Mahjong (Bistro Coffee Shop) 3:15 Bingo (Arts & Crafts Room) 3:30 Meditation (Clubhouse Conference Room) 4:00 Men's Night (Pub) 7:30 Bridge Club (Auditorium)	<b>27</b>	<b>Purim Begins at Sundown</b> 6:30 Open Swim (Pool) 8:45 Yoga (Fitness Studio) 10:00 Strength Training (Fitness Studio) 10:30 Family Cooperative Preschool Sing-a-Long (Auditorium) 11:00 Circuit Training - Sign up required (Fitness Studio) 1:00 Technical Assistance Available (Resident Computer Room) 2:00 Offsite Movie - "Lady Bird" (AMC Theaters - Methuen) 2:00 Group Fitness Training (Fitness Center) 2:00 Ping Pong (Fitness Studio) 2:00 Play Pool (Pool Room) 5:00 Group Rosary (Resident Card Room) 7:30 Duplicate Bridge (Auditorium)	<b>28</b>						

# February 2018

Life Enrichment Activities Calendar

978-738-6446

