

SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>ROOM KEY</b> AR - Assembly Room EX - Exercise Room GR - Game Room MDR - Main Dining Room/Annex ML - Main Lobby PDR - Private Dining Room WR - Wine Room					8:30 -11:30 Exercise Room Office Hours (EX) <b>1</b> <b>10:00 Town Hall (AR)</b> 10:00 Coffee With Friends (Main Dining Room) 10:30 Pinochle (ALI/C Wing) 2:00 Bingo (GR)	9:00 Zumba Gold with Kelly (AR) <b>2</b> 10:00 Raised Bed Gardening (S Patio) 10:00 Coffee With Friends (Main Dining Room) 10:45 Wii Play! (AR) 1:00 Bridge (GR)	9:15 Light Lift Exercise (AR) <b>3</b> 10:00 Coffee With Friends (Main Dining Room) 1:30 Afternoon Movie Matinee "Miracle" (AR)
9:30 Sunday School (AR) <b>4</b> 10:30 Car To Church (ML) 3:30 Vespers with Sandy Martin from Slate Mills Baptist Church (AR)	<b>9:00 Windows Instruction with Martin (GR)</b> <b>5</b> 9:00 Exercise With Maggie (AR) 10:00 Coffee With Friends (Main Dining Room) 10:30 Rummy (GR) <b>1:00 Hands On Instruction with Martin (GR)</b> <b>2:00 Resistance and Strength with Olivia (AR)</b>	D-Day <b>9:00 Windows Instruction with Martin (GR)</b> <b>6</b> 10:00 Coffee With Friends (Main Dining Room) <b>1:00 Hands On Instruction with Martin (GR)</b>	<b>9:00 Windows Instruction with Martin (GR)</b> <b>7</b> 9:15 Light Lift Exercise (AR) 10:00 Coffee With Friends (Main Dining Room) <b>1:00 Hands On Instruction with Martin (GR)</b> 2:00 Close Knits "Sit and Knit" (WR)	8:30 -11:30 Exercise Room Office Hours (EX) <b>8</b> 9:00 Exercise With Maggie (AR) 10:00 Coffee With Friends (Main Dining Room) 10:30 Pinochle (ALI/C Wing) 2:00 Bingo (GR)	10:00 Raised Bed Gardening (S Patio) <b>9</b> 10:00 Coffee With Friends (Main Dining Room) 10:45 Wii Play! (AR) 1:00 Bridge (GR)	9:15 Light Lift Exercise (AR) <b>10</b> 10:00 Coffee With Friends (Main Dining Room) 1:30 Afternoon Movie Matinee "Father of the Bride Part II" (AR)	
9:30 Sunday School (AR) <b>11</b> 10:30 Car To Church (ML) 3:30 Vespers with Dan Carlton from Culpeper Baptist Church (AR)	<b>9:00 Windows Instruction with Martin (GR)</b> <b>12</b> 9:00 Exercise With Maggie (AR) <b>9:30 Walmart (ML)</b> 10:00 Coffee With Friends (Main Dining Room) 10:30 Rummy (GR) <b>1:00 Tablets with Martin (Android) (GR)</b> <b>2:00 Resistance and Strength with Olivia (AR)</b> 3:30 Po-Ke-No (GR)	<b>9:00 Windows Instruction with Martin (GR)</b> <b>13</b> 9:00 Zumba Gold with Kelly (AR) 10:00 Coffee With Friends (Main Dining Room) <b>1:00 Tablets with Martin (Android) (GR)</b> 1:30 Ladies' Bible Study (PDR) <b>2:00 Errands Around Town (ML)</b>	<b>9:00 Tablets with Martin (Apple) (GR)</b> <b>14</b> 9:15 Light Lift Exercise (AR) 10:00 Coffee With Friends (Main Dining Room) <b>1:00 Tablets with Martin (Apple) (GR)</b> <b>1:30 St. Stephen's Episcopal Communion (AR)</b> 2:00 Close Knits "Sit and Knit" (WR)	8:30 -11:30 Exercise Room Office Hours (EX) <b>15</b> 9:00 Exercise With Maggie (AR) 10:00 Coffee With Friends (Main Dining Room) <b>10:15 Catholic Mass (AR)</b> <b>10:30 Pinochle (ALI/C Wing)</b> <b>12:30 Birthday Luncheon (MDR)</b>	9:00 Zumba Gold with Kelly (AR) <b>16</b> 10:00 Raised Bed Gardening (S Patio) 10:00 Coffee With Friends (Main Dining Room) 10:45 Wii Play! (AR) 1:00 Bridge (GR)	9:15 Light Lift Exercise (AR) <b>17</b> 10:00 Coffee With Friends (Main Dining Room) 1:30 Afternoon Movie Matinee "Blue Hawaii" (AR)	
Fathers' Day 9:30 Sunday School (AR) <b>18</b> 10:30 Car To Church (ML) 3:30 Vespers with Hans Murdock from The Culpeper (AR)	9:00 Exercise With Maggie (AR) <b>19</b> 10:00 Coffee With Friends (Main Dining Room) 10:30 Rummy (GR) <b>2:00 Resistance and Strength with Olivia (AR)</b> 3:00 Po-Ke-No (GR)	<b>10:00 Errands Around Town (ML)</b> <b>20</b> 10:00 Coffee With Friends (Main Dining Room) <b>12:30 Men's Luncheon with Robby (MDR)</b>	9:15 Light Lift Exercise (B Parlor) <b>21</b> 10:00 Coffee With Friends (Main Dining Room) 2:00 Close Knits "Sit and Knit" (WR)	8:30 -11:30 Exercise Room Office Hours (EX) <b>22</b> 9:00 Exercise With Maggie (AR) 10:00 Coffee With Friends (Main Dining Room) 10:30 Pinochle (ALI/C Wing) 2:00 Bingo (GR)	<b>9:30 Site Plan Review (AR)</b> <b>23</b> 10:00 Raised Bed Gardening (S Patio) 10:00 Coffee With Friends (Main Dining Room) <b>10:30 Visit with Culpeper Baptist Church Daycare (AR)</b> <b>11:30 Boardwalk Luncheon (MDR/HCDR)</b> 1:00 Bridge (GR) <b>2:00 Music with Flat Run Ramblers (AR)</b>	10:00 Coffee With Friends (Main Dining Room) <b>24</b> <b>2:00 Music with Denim and Lace (AR)</b>	
9:30 Sunday School (AR) <b>25</b> 10:30 Car To Church (ML) 3:30 Vespers with John Hitt from Sumerduck Baptist Church (AR)	<b>9:30 Walmart (ML)</b> <b>26</b> 10:00 Coffee With Friends (Main Dining Room) 10:30 Rummy (GR) <b>2:00 Resistance and Strength with Olivia (AR)</b> 3:00 Po-Ke-No (GR)	9:00 Zumba Gold with Kelly (AR) <b>27</b> <b>10:00 Errands Around Town (ML)</b> 10:00 Coffee With Friends (Main Dining Room) 1:30 Ladies' Bible Study (PDR) <b>2:30 Strawberry-Fest hosted by Dining Services (AR)</b> 6:00 Cedar Run Homesteaders (AR)	9:15 Light Lift Exercise (AR) <b>28</b> 10:00 Coffee With Friends (Main Dining Room) <b>10:30 Free Rice Trivia (AR)</b> 2:00 Close Knits "Sit and Knit" (WR) <b>3:00 Activity Meeting with Olivia (GR)</b> <b>5:00 Independent Living Block Party (AR)</b>	8:30 -11:30 Exercise Room Office Hours (EX) <b>29</b> 10:00 Coffee With Friends (Main Dining Room) 10:30 Pinochle (ALI/C Wing) <b>11:30 Lunch at Ciro's and Shopping to Kohl's (ML)</b> 2:00 Bingo (GR)	9:00 Zumba Gold with Kelly (AR) <b>30</b> 10:00 Raised Bed Gardening (S Patio) 10:00 Coffee With Friends (Main Dining Room) 10:45 Wii Play! (AR) 1:00 Bridge (GR)		

# June 2017

## Independent Programming Calendar

