

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>Transportation to many local churches is available on Sunday mornings. For a list of applicable places of worship, please consult the Resident Apps or contact the front desk.</p>	<p><b>10:15 YMCA Aquatics</b> 10:30 Walking Trail Grand Opening 11:00 LW Singers Practice (SC) 1:00 - 4:00 Briar Patch (B120) 1:30 Paint with Hope (RS) 4:00 First Baptist Communion (SC) 7:00 Presentation by John Paschal (SC)</p>	<p>8:30 Ping Pong (SC) <b>9:45 Shopping: Publix</b> 1:00 Apple User Group (RS) 2:00 Tuesday Matinee: Rudy (SC) <b>2:45 Walgreen's</b> 4:00 Payne Bible Study (HSBCR) 6:30 Dominoes W/ UR (CG)</p>	<p>7:00 Independent Living Flu Shots (SC) <b>7:00 Lancaster Getaway</b> 9:30 Knit &amp; Crochet (CG) 1:00 Bridge (B120)</p>	<p><b>9:45 Walmart</b> 1:00 Mah Jongg (A2) 1:30 Duplicate Bridge (B120) 2:00 Current Events (RS)</p>	<p>8:30 Ping Pong (SC) <b>9:30 Scenic Bus Tour: Breathtaking Views</b> 10:00 Centering Prayer Group (CH) <b>10:15 YMCA Aquatics</b> 10:30 Brain Train (SC) 2:30 Catholic Eucharist (CH)</p>	<p>11:00 Saturday Sunday School (HSB Conference Room)</p>
<p>10:00 Worship Service (MPR) 4:00 Vespers: Tabernacle Baptist Church Choir (SC)</p>	<p><i>Columbus Day</i> <b>10:15 YMCA Aquatics</b> 1:00 - 4:00 Briar Patch Shoppe (B120) <b>1:15 Kroger</b> 1:30 Paint with Hope (RS) 2:00 Mac. D Support (SDR) 7:00 Gospel &amp; Gershwin (SC)</p>	<p>8:00 Ladies' Breakfast (SDR) 8:30 Ping Pong (SC) <b>9:45 Food Lion</b> 11:00 LW Singers Practice (SC) 12:30 LW Players Read (HSBCR) 2:00 Tuesday Matinee: October Sky 4:00 Payne Bible Study (HSBCR) 6:30 Dominoes W/ UR (CG)</p>	<p>8:15 Men's Breakfast (SDR) 9:30 Knit &amp; Crochet (CG) <b>10:00 CVS</b> <b>12:00 Swift Creek Mill: Count Dracula</b> 1:00 Bridge (B120)</p>	<p>1:00 Mah Jongg (A2) 1:30 Duplicate Bridge (B120) 2:00 Current Events (CG) 2:00 Jill's Blankets (SC)</p>	<p>8:30 Ping Pong (SC) <b>9:45 Walmart</b> 10:00 Centering Prayer Group (CH) 10:00 -2:00 DMV to Go (HSB 3rd Floor Living Room) <b>10:15 YMCA Aquatics</b> 2:00 C Building Ice Cream Social (SC) 2:30 Catholic Eucharist (CH) 7:00 Bridge (B120)</p>	<p>11:00 Saturday Sunday School (HSB Conference Room)</p>
<p>10:00 Worship Service (MPR) <b>1:30 Virginia Opera: Street Scene</b> 4:00 Vespers: Raymond Roberts (SC)</p>	<p><b>10:15 YMCA Aquatics</b> 11:00 Shepherd Center Presentation (SC) 1:00 - 4:00 Briar Patch Shoppe (B120) <b>1:15 Kroger</b> 7:00 Music by Billy Mitchell (SC)</p>	<p><i>Themed Meal Day</i> 8:30 Ping Pong (SC) <b>9:45 Shopping: Publix</b> 11:00 LW Singers Practice (SC) 12:30 LW Players Practice (HSBCR) 2:00 Oktoberfest Party (SC) 4:00 Payne Bible Study (HSBCR) 6:30 Dominoes W/ UR (CG)</p>	<p><b>9:30 Blue Ridge Day Trip ( )</b> 9:30 Knit &amp; Crochet (CG) 1:00 Bridge (B120) 2:00 Resident Council (SC)</p>	<p><b>9:45 Walmart</b> 10:30 Wellness Seminar: (SC) 1:00 Mah Jongg (A2) 1:15 Twin Hickory Senior Series: Bingo 1:30 Duplicate Bridge (B120) 2:00 Current Events (CG) 3:00 Women on Mission (SC)</p>	<p>8:30 Ping Pong (SC) 10:00 Centering Prayer Group (CH) <b>10:15 YMCA Aquatics</b> 11:00 -2:00 Chili Cook-Off (SC) 2:30 Catholic Eucharist (CH) 3:30 Abigail Spanberger Presentation (SC)</p>	<p><b>6:15 Honor Flight</b> 11:00 Saturday Sunday School (HSB Conference Room) <b>7:00 Symphony Masterworks: Beethoven &amp; Bernstein</b></p>
<p>10:00 Worship Service (MPR) 4:00 Vespers: Brian Autry (SC)</p>	<p><b>10:15 YMCA Aquatics</b> 10:30 Resident Speaker Series (SC) <b>1:15 Kroger</b> 2:00 Congressman Dave Brat (SC) 4:00 Cottage Meeting (HSBCR) 7:00 Music by Maroon Corey (SC)</p>	<p>8:30 Ping Pong (SC) <b>9:45 Food Lion</b> 11:00 LW Singers Practice (SC) 12:30 LW Players Practice (HSBCR) 1:00 Apple User Group (RS) 2:15 Mobile Library (HSBAR) 2:30 Judge Kulp Presentation (SC) 4:00 Payne Bible Study (HSBCR) 6:30 Dominoes W/ UR (CG)</p>	<p>9:30 Knit &amp; Crochet (CG) <b>10:00 Dollar Tree</b> 10:30 Life at Lakewood (SC) 1:00 Bridge (B120) <b>2:00 Trader Joe's</b> 3:00 Art 2 U (RS)</p>	<p>10:00 -2:00 Carte Boutique (SC) 11:00 Book Club (RS) 1:00 Mah Jongg (A2) 1:30 Duplicate Bridge (B120) 2:00 Current Events (RS) <b>6:00 Capitol Steps at GACAC</b></p>	<p>8:30 Ping Pong (SC) <b>9:45 Walmart</b> 10:00 Centering Prayer Group (CH) <b>10:15 YMCA Aquatics</b> <b>1:30 VMFA: Fine Art &amp; Flowers</b> 1:30 Free Novelty Bars! ( ) 2:30 Catholic Eucharist (CH)</p>	<p>11:00 Saturday Sunday School (HSB Conference Room)</p>
<p>10:00 Worship Service (MPR) 4:00 Vespers: Darren Steadman (SC)</p>	<p>9:30 Monthly Update with Barrett (SC) <b>10:15 YMCA Aquatics</b> <b>1:15 Kroger</b> 1:30 Paint with Hope (RS) 2:00 Team Trivia (SC) 7:00 Edgar Allan Poe (SC)</p>	<p>8:00 Ladies' Breakfast (SDR) 8:30 Ping Pong (SC) 11:00 LW Singers Practice (SC) 12:30 LW Players Practice (HSBCR) 1:00 Apple User Group (RS) 2:00 Tuesday Matinee: Addams... 4:00 Payne Bible Study (HSBCR) 6:30 Dominoes W/ UR (CG)</p>	<p><i>Halloween</i> 9:30 Knit &amp; Crochet (CG) 10:30 Prayer &amp; Communion (MPR) 1:00 Bridge (B120) 2:00 Monster Mash Bash (SC)</p>		<p><b>ROOM KEY</b> A2 - A Building 2nd Floor CH - Chapel CG - Common Grounds HSBCR - Health Services Conf. Room HSBAR - HSB 1st Flr Activities Rm MPR - Multipurpose Room RS - Resident Services Trailer SC - Simms Center SDR - Small Dining Room</p>	<p>Please note that programs printed in boldface will occur offsite</p>

# October 2018

Independent Living Programs

