

SUN	MON	TUE	WED	THUR	FRI	SAT
ASSISTED LIVING - WEST POINT CODES: (CO):Cognitive, (N):Nature, (P):Physical, (PR):Productive, (RF):Reflective, (RS):Religious, (S):Sensory, (SO):Social, (O):Outdoor ACTIVITIES LISTED ABOVE ARE SUBJECT TO CHANGE. PLEASE CHECK THE DIGITAL SIGNAGE FOR CANCELLATIONS AND/OR CHANGES. CONTACT: Cindy Seward, ADC-AL Activities Coordinator 757-223-1630			9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 9:30 MANICURES (S) (WP2) 1:30 Scrabble(CO) (WP2) 2:30 CLS (G)	1 10:30 MAKE DOG TREATS FOR LAMBEAU (WP2) 2:00 Billiards (P) (Billiards Room) 3:00 Book Club: "A Man Called Ove"(RF) (WP2) 4:00 PET THERAPY (S) (WP2)	3 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 2:30 CLS(RF) (G) 2:30 Bingo (CO) (WP2) 3:00 Episcopal Worship (RS) (CH)	4 8:00 All Day Puzzles (CO) (WP) 7:00 SATURDAY NIGHT MOVIE: "Did You Hear About The Morgans?"(RF) (G)
Daylight Saving Time ends 5 9:30 SUNDAY SCHOOL (RS) (G) 4:00 COMMUNION WORSHIP SERVICE: Minister: Rev. Dr. Nancy Hayes * Music: Nancy White and The Chesapeake Chorus (C)	6 9:15 Music & Movement (P) (WP3) 10:00 Wal-Mart (O) (HSE) 2:00 RUBBER STAMPING CLASS: Thanksgiving Day Cards(CR) (WP2) 7:00 Chorus Practice (PR) (G)	7 Election Day 9:30 Catholic Worship (RS) (CH) 10:00 Garden Club: Fall Planting(O) (WP2) 10:45 Bible Study (RS) (G) 2:30 Bingo (CO) (WP2)	8 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 11:00 Lunch Bunch: Cracker Barrel(O) (HSE) 1:30 DOMINOES (CO) (WP2) 2:30 CLS (G) 7:00 CULTURAL CINEMA: "Chesapeake By Air"(RF) (G)	9 9:30 MANICURES (S) (WP2) 2:00 Billiards (P) (Billiards Room) 3:00 Book Club: "A Man Called Ove"(RF) (WP2)	10 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 2:30 CLS(RF) (G) 2:30 Bingo (CO) (WP2) 7:00 ENTERTAINMENT: Pierre Lescouflair & Jeff Teller(RF) (G)	11 Veterans Day 8:00 All Day Puzzles (CO) (WP) 10:30 Veteran's Day Program(RF) (West Point 1st Floor) 7:00 SATURDAY NIGHT MOVIE: "Tommy's Honour"(RF) (G)
12 9:30 SUNDAY SCHOOL (RS) (G) 4:00 WORSHIP SERVICE: Minister: Rev. Bert and Rev. Gina Cloud * Music: Russ Gentry and Karen FitzGerald (C)	13 9:15 Music & Movement (P) (WP3) 10:30 Resident Council Meeting(PR) (WP2) 2:00 Kings in the Corner Card Game(CO) (WP2) 7:00 Chorus Practice (PR) (G)	14 9:30 Catholic Worship (RS) (CH) 9:30 MANICURES (S) (WP2) 10:30 MOBILE LIBRARY(PR) (CL) 10:45 Bible Study (RS) (G) 1:30 BLOCK PARTY(P) (WP2) 2:30 Bingo (CO) (WP2)	15 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 10:00 Cooking Club: Make Apple Pies(PR) (WP2) 1:30 Scrabble(CO) (WP2) 2:30 CLS (G) 2:30 APPLE PIE SOCIAL(SO) (WP2) 7:00 ENTERTAINMENT: Bob Clouse (G)	16 Personal Shopping 2:00 Billiards (P) (Billiards Room) 3:00 Book Club: "A Man Called Ove"(RF) (WP2) 3:30 Episcopal Worship (RS) (CH) 4:00 PET THERAPY (S) (WP2)	17 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 10:00 Visual Art Program with Joanne Dingus(PR) (JAR) 2:00 "Meet Your Neighbors" Tea w/ Cindy(SO) (WP2) 7:00 ENTERTAINMENT: Vanessa Cole(RF) (G)	18 8:00 All Day Puzzles (CO) (WP) 10:30 Bingo (CO) (WP2) 7:00 SATURDAY NIGHT MOVIE: "The Straight Story"(RF) (G)
19 9:30 SUNDAY SCHOOL (RS) (G) 4:00 WORSHIP SERVICE: Minister: Rev. Chris Kurtz, North Riverside Baptist * Pianist: Pat Kline, First United Church of Christ * Music: Carol Diehl, First United Church of Christ (C)	20 9:15 Music & Movement (P) (WP3) 11:00 RHYTHM DRUMMING With Connie Ralston (S) (WP3) 2:00 Book Club: "A Man Called Ove"(RF) (WP2) 7:00 Chorus Practice (PR) (G)	21 Personal Shopping 9:30 Catholic Worship (RS) (CH) 10:45 Bible Study (RS) (G) 2:30 Bingo (CO) (WP2)	22 9:00 News & Views (CO) (WP3) 9:15 Music & Movement (P) (WP3) 9:30 MANICURES (S) (WP2) 1:30 DOMINOES (CO) (WP2) 2:00 A.L. MYSTERY BUS(O) (HSE) 2:30 CLS (G)	23 Thanksgiving Day 2:00 READER'S DIGEST: The Story of America(RF) (West Point 3)	24 2:00 Lawrence Welk: God Bless America(RF) (WP3) 7:00 ENTERTAINMENT: Vanessa Cole(RF) (G)	25 8:00 All Day Puzzles (CO) (WP) 7:00 SATURDAY NIGHT MOVIE: "This Beautiful Fantastic"(RF) (G)
26 9:30 SUNDAY SCHOOL (RS) (G) 4:00 WORSHIP SERVICE: Minister: Rev. Ernest Trueblood, The Chesapeake * Pianist: Julia Williams, First Baptist * Music: The Highlander Trio, Calvary Assembly of God (C)	27 9:15 Music & Movement (P) (WP3) 10:00 SHOPPING: Dollar Tree(O) (HSE) 1:30 Book Club: "A Man Called Ove"(RF) (WP2) 7:00 Chorus Practice (PR) (G)	28 9:30 Catholic Worship (RS) (CH) 10:00 Christmas Decorating(PR) (WP2) 10:30 MOBILE LIBRARY(PR) (CL) 10:45 Bible Study (RS) (G) 2:30 Bingo (CO) (WP2)	29 8:30 Men's Breakfast at the Cafe(SO) (Cafe) 9:15 Music & Movement (P) (WP3) 10:00 Jewelry Class: Christmas Earrings(PR) (WP2) 1:30 Scrabble(CO) (WP2) 2:30 CLS (G) 7:00 MUSICAL CINEMA: "Appalachian Journey"(RF) (G)	30 9:30 MANICURES (S) (WP2) 2:00 Billiards Tournament(P) (Billiards Room) 2:30 BIRTHDAY CELEBRATION with Roberto!(SO) (WP2) 4:00 Holiday Grand Illumination (CC) 4:00 PET THERAPY (S) (WP2)		ROOM KEY CL - Cafe Lobby CH - Chapel C - Chesapeake Room CC - Community Center G - Game Room HSE - Health Services Entrance JAR - Jamestown Activity Room WP - West Point WP2 - West Point 2nd Floor Lounge WP3 - West Point 3rd Floor Lounge

November 2017

West Point/Assisted Living Calendar

The Chesapeake Retirement Community/955 Harpersville Road/Newport News, VA 23601

