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FAMILY IS FOREVER
National Assisted Living Week®
Sept. 10-16, 2017

ASSISTED LIVING - WEST POINT
CODES: (CO):Cognitive, (N):Nature, (P):Physical, (PR):Productive, (RF):Reflective, (RS):Religious, (S):Sensory, (SO):Social, (O):Outdoor
ACTIVITIES LISTED ABOVE ARE SUBJECT TO CHANGE. PLEASE CHECK THE DIGITAL SIGNAGE FOR CANCELLATIONS AND/OR CHANGES.
* * Cindy Seward, ADC-AL Activities Coordinator 757-223-1630 * *

ROOM KEY
Cafe - Café
CL - Cafe Lobby
CH - Chapel
C - Chesapeake Room
CC - Community Center
CCC - Community Center Courtyard
G - Game Room
HSE - Health Services Entrance
WP - West Point
WP1 - West Point 1st Floor Lounge
WP2 - West Point 2nd Floor Lounge
WP3 - West Point 3rd Floor Lounge

Personal Shopping
9:00 News & Views (CO) (WP3) **1**
9:15 Music & Movement (P) (WP3)
10:30 Bingo (CO) (WP2)
3:00 Episcopal Worship (RS) (CH)

8:00 All Day Puzzles (CO) (WP) **2**
2:00 Downton Abbey: Season 2 Episode #5(RF) (WP2)
7:00 SATURDAY NIGHT MOVIE: "The Founder"(RF) (G)

9:30 SUNDAY SCHOOL (RS) (G) **3**
4:00 COMMUNION WORSHIP SERVICE:
Minister: Rev. Joe Hunt, Liberty Baptist * Pianist: Marie Warren, Liberty Baptist * Music: Jennifer Turner, Liberty Baptist(RS) (C)

Labor Day
10:00 SPECIAL MOVIE SHOWING: Part 1 "Gone with the Wind"(RF) (WP3) **4**
2:00 SPECIAL MOVIE SHOWING: Part 2 "Gone with the Wind"(RF) (WP3)

9:30 Catholic Worship (RS) (CH) **5**
10:00 Wal-Mart (O) (HSE)
10:45 Bible Study (RS) (G)
2:30 Bingo (CO) (WP2)

9:00 News & Views (CO) (WP3) **6**
9:15 Music & Movement (P) (WP3)
10:00 Assisted Living Week T-Shirts(PR) (WP2)
1:30 *Tournament UNO CARD Game (CO) (WP2)

10:00 CARD Making CLASS(PR) (WP2) **7**
2:00 TRIVIA(CO) (WP3)
3:00 Music History Club: A Tribute To Victor Borge(RF) (WP2)
4:00 PET THERAPY (S) (WP2)

9:00 News & Views (CO) (WP3) **8**
9:15 Music & Movement (P) (WP3)
9:30 MANICURES (S) (WP2)
2:00 Downton Abbey: Season 2 Episode #5(RF) (WP2)
2:30 College Lecture Series(CO) (G)
7:00 CULTURAL CINEMA: "NOVA: Ancient Computer"(RF) (G)

8:00 All Day Puzzles (CO) (WP) **9**
10:00 Bingo (CO) (WP2)
7:00 SATURDAY NIGHT MOVIE: "One Fine Day"(RF) (G)

Assisted Living Week 10-16 **10**
9:30 SUNDAY SCHOOL (RS) (G)
4:00 WORSHIP SERVICE:
Minister: Rev. Dr. Nancy Hayes * Pianist: June Chappell * Music: Nancy Trussell (C)

Patriot Day
9:15 Music & Movement (P) (WP3) **11**
10:30 Resident Council Meeting(PR) (WP2)
1:30 Assisted Living Week Cookie Bake(PR) (WP2)

9:30 Catholic Worship (RS) (CH) **12**
10:00 Carte Boutique(PR) (Main Entrance Rotunda)
10:00 CARTE BOUTIQUE: Mobile Clothing Store (CC)
10:30 MOBILE LIBRARY(PR) (CL)
10:30 Cookie Delivery(O) (HSE)
10:45 Bible Study (RS) (G)
2:30 Bingo (CO) (WP2)

8:30 Men's Breakfast at the Cafe (Cafe) **13**
9:15 Music & Movement (P) (WP3)
10:00 Assisted Living Week T-Shirts(PR) (WP2)
1:30 Fall Hangman Game(CO) (WP2)
2:30 College Lecture Series(CO) (G)
2:30 CLOWNING 101(SO) (WP2)
7:00 ENTERTAINMENT: James Curry (G)

10:00 Assisted Living Week T-Shirts(PR) (WP2 Activities Room) **14**
2:00 Moose Line Dancers(SO) (WP3)
7:00 MUSICAL CINEMA: "The 10th Anniversary Piano Extravaganza"(RF) (G)

9:00 News & Views (CO) (WP3) **15**
9:15 Music & Movement (P) (WP3)
10:30 Bingo (CO) (WP2)
2:30 College Lecture Series(CO) (G)
2:30 Qua Druba Tuba Quartet AND ICE CREAM SOCIAL(SO) (CC)

8:00 All Day Puzzles (CO) (WP) **16**
10:00 Silk Scarf Class w/ Stacey & Maycie(CR) (WP2)
7:00 SATURDAY NIGHT MOVIE: "Loving"(RF) (G)

Constitution Day and Citizenship Day **17**
9:30 SUNDAY SCHOOL (RS) (G)
4:00 WORSHIP SERVICE:
Minister: Rev. Bert & Rev. Gina Cloud, Warwick Memorial UMC * Pianist: Jeff Teller, Salvation Army * Music: Pierre Lescouffair, LaCrosse Presbyterian (C)

9:15 Music & Movement (P) (WP3) **18**
1:30 Scrabble (WP2)
7:00 Chorus Practice (PR) (G)

9:30 Catholic Worship (RS) (CH) **19**
10:45 Bible Study (RS) (G)
1:00 BLOCK PARTY(P) (WP2)
2:30 Bingo (CO) (WP2)

Rosh Hashana Begins at Sundown **20**
Waffle Wednesday
9:00 News & Views (CO) (WP3)
9:15 Music & Movement (P) (WP3)
10:00 Garden Club: Fall Planting(O) (WP2)
1:00 MANICURES (S) (WP2)
1:30 DOMINOES (CO) (WP2)
2:30 College Lecture Series(CO) (G)

Personal Shopping **21**
11:00 TRIVIA(CO) (WP3)
2:30 BIRTHDAY CELEBRATION with Roberto!(SO) (WP2)
3:30 Episcopal Worship (RS) (CH)
4:00 PET THERAPY (S) (WP2)

Rosh Hashana Ends at Sundown **22**
9:00 News & Views (CO) (WP3)
9:15 Music & Movement (P) (WP3)
11:00 RHYTHM DRUMMING With Connie Ralston (S) (WP3)
2:30 College Lecture Series(CO) (G)
2:30 Bingo (CO) (WP2)
7:00 ENTERTAINMENT: Vanessa Cole(RF) (G)

8:00 All Day Puzzles (CO) (WP) **23**
2:00 Downton Abbey: Season 2 Episode #5(RF) (WP2)
2:30 TIDEWATER CONCERT BAND(RF) (Community Center Entrance)
7:00 SATURDAY NIGHT MOVIE: "Going In Style" (G)

9:30 SUNDAY SCHOOL (RS) (G) **24**
4:00 WORSHIP SERVICE:
Minister: Dr. Randy Shepley, First Baptist Church * Pianist: Jeanette Morris, Ivy Memorial Baptist * Music: Jeanette Morris(RS) (C)

9:15 Music & Movement (P) (WP3) **25**
10:00 SHOPPING: Dollar Tree(O) (HSE)
1:30 DOMINOES (CO) (WP2)
1:30 *Tournament UNO CARD Game (CO) (WP2)
7:00 Chorus Practice (PR) (G)

9:00 Dollars for Donuts(CO) (CC) **26**
9:30 Catholic Worship (RS) (CH)
10:00 Coffee & Donut Social(SO) (WP2)
10:30 MOBILE LIBRARY(PR) (CL)
10:45 Bible Study (RS) (G)
2:30 Bingo (CO) (WP2)

9:00 News & Views (CO) (WP3) **27**
9:15 Music & Movement (P) (WP3)
10:00 A.L. MYSTERY BUS(O) (HSE)
1:30 Scrabble(CO) (WP2)
2:00 TOWN HALL MEETING(PR) (G)
2:30 College Lecture Series(CO) (G)
3:00 Cooking Club: "Not Your Mama's Bread Pudding"(S) (WP2)

11:00 A.L. LUNCH BUNCH: Queen's Way Soul Food Café(O) (HSE) **28**
3:00 Kings in the Corner Card Game(CO) (WP2)

Yom Kippur Begins at Sundown **29**
9:30 Staff/Resident Fun Walk/Run(O) (Community Center Entrance)
11:00 Popsicle Social and Dunk Tank(SO) (CCC)
1:30 Bingo (CO) (WP2)
2:30 College Lecture Series(CO) (G)

Yom Kippur Ends at Sundown **30**
8:00 All Day Puzzles (CO) (WP)
2:00 Sing A-Long with Jon Durfee(RF) (WP1)
7:00 SATURDAY NIGHT MOVIE: "The Resurrection of Gavin Stone"(RF) (G)

September 2017

West Point/Assisted Living Calendar

The Chesapeake Retirement Community/955 Harpersville Road/Newport News, VA 23601

