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|---|----|---|----|--|----|--|--|---|----|--|----|--|----|
| <p>10:30 Sunday Morning Worship (C)<br/>11:00 Catholic Communion (FL)<br/>1:00 Open Bridge (FNLD)<br/>1:30 United Methodist Church with Open Communion (C)<br/>3:00 Matinee Movie (T)<br/>7:00 Vesper Service (F)</p> | 1  | <p>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:15 Water Walk-n-Move (P)<br/>10:00 Catholic Communion (FL)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FNA)<br/>10:30 Trivia (AR)<br/>10:30 Art Class (AS)<br/>11:00 Balance 1 (AR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Open Water (P)<br/>1:30 Men's Closed Door Workout (FR)<br/>1:30 Bunco (AR)<br/>2:00 Water Movement Class (P)<br/>2:30 <b>Summer Games Practice (WC)</b><br/>7:00 Evening Movie (T)</p>   | 2  | <p><b>Grocery Shopping Today 8:30am</b><br/>7:30 Water Movement (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Men's Discussion Group (F)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Volleyball Practice (FL)<br/>11:00 Stretch 1 (AR)<br/>11:30 Boxing 1 (FR)<br/>12:30 Wii Bowling League (F)<br/>1:00 Water Walking (P)<br/><b>1:45 Walgreens Drug Mart (Sign up Deadline 7/2/18 by 3:00pm)</b><br/>2:00 Getting Strong (FL)<br/>2:00 Bingo (CCM)<br/>2:30 Wii Bowling (FL)<br/><b>6:15 Municipal Band Performance at Douglas Park (Bus loads 6:15pm ; Concert at 7:30pm; Bring Your Own Lawn Chair!; Sign-up Deadline by 3:00pm 7/2/18)</b><br/>7:00 Evening Movie (T)</p>        | 3  | <p><b>Independence Day No Grocery Shopping Today July 4th Cookout 11am Cost \$10.50 For Reservations Call 993-7070</b><br/>8:30 Balance 3 (WAR)<br/>9:15 Water Volleyball (P)<br/>7:00 Hand and Foot (F)<br/>7:00 Evening Movie (T)</p>  | 4  | <p>7:30 Water Movement Class (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Land Walking (Game Room)<br/>9:30 Pretty Nails (AR)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>11:00 Chair Practice (F)<br/>11:00 Stretch 1 (AR)<br/>11:00 Marketplace Worship (CCM)<br/>11:30 Boxing 1 (FR)<br/>11:30 Stretch-n-Toss (CCM)<br/>1:00 Water Walking (P)<br/><b>1:00 Color Your World - Last Class Today! (AS) 1:45 White Oaks Mall Shopping Outing (Sign-up Deadline by 3:00pm 7/4/18)</b><br/>2:00 Getting Strong (FL)<br/>2:00 Sing-Along (CCM)<br/>2:00 LCMS Bible Class (F)<br/>2:30 Christian Devotions (FL)<br/>3:00 Needle Craft (F)<br/>7:00 Evening Movie (T)</p>  | 5  | <p>8:30 Balance 3 (WAR)<br/>9:15 ?Mystery Water Workout? (P)<br/>10:00 Open Water (P)<br/>10:30 Trivia (AR)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Open Wii Bowling (F)<br/>1:30 Land Walking (Wellness Game Room)<br/>1:30 Movie and Popcorn (FL)<br/>2:00 Open Wii Golf (F)<br/>4:00 Social Hour with Ed Clark (A)<br/>7:00 Evening Movie (T)</p>                                       | 6  | <p>10:00 Ladies Discussion Group (F)<br/>1:30 Bingo (AR)<br/>2:00 Needle Crafting (ALNP)<br/>3:00 Matinee Movie (T)<br/>7:00 Evening Movie (T)</p> | 7  |
| <p>10:30 Sunday Morning Worship (C)<br/>11:00 Catholic Communion (FL)<br/>1:00 Open Bridge (FNLD)<br/>3:00 Matinee Movie (T)<br/>7:00 Vesper Service (F)</p>  | 8  | <p>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:15 Water Walk-n-Move (P)<br/>10:00 Catholic Communion (FL)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FNA)<br/>10:30 Trivia (AR)<br/>10:30 Art Class (AS)<br/>11:00 Balance 1 (AR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Open Water (P)<br/>1:30 Men's Closed Door Workout (FR)<br/>1:30 Bunco (AR)<br/>2:00 Water Movement Class (P)<br/>2:00 UIS Tech Help Here Today! (A)<br/><b>2:30 Summer Games Practice (WC)</b><br/><b>4:00 Mingle and Munch with Michael Lanham (FL)</b><br/><b>6:30 Gospel Hymn Sing With Judy Fulton (C/CR)</b><br/>7:00 Evening Movie (T)</p> | 9  | <p>7:30 Water Movement (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Men's Discussion Group (F)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Volleyball Practice (FL)<br/>11:00 Stretch 1 (AR)<br/>11:30 Boxing 1 (FR)<br/>12:30 Wii Bowling League (F)<br/>1:00 Water Walking (P)<br/>1:30 ELCA Worship/Open Communion (C)<br/>2:00 Getting Strong (FL)<br/>2:30 Wii Bowling (FL)<br/><b>2:30 New Jerusalem Singers (CR)</b><br/><b>7:00 Nostalgia Live Big Band Performance (C/CR)</b><br/>7:00 Evening Movie (T)</p>  | 10 | <p>12:00 "Coping with Loss and Change Group" (WAR)<br/>7:30 ?Mystery Water Workout? (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/><b>9:00 Your Bank Run (Sign-up 3:00pm 7/10/18)</b><br/>9:00 Clay Creations - Christmas in July Angel; Reservations Required (AS)<br/>9:15 Water Volleyball (P)<br/>10:00 Open Water (P)<br/>10:00 Crafty Corner (AS)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FL)<br/>10:45 Catholic Communion (FNA)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Men's Closed Door Workout (FR)<br/>2:00 LCMS Communion (C)<br/>2:00 Water Movement Class (P)<br/>2:30 Bingo (AR)<br/>3:00 Chaplain's Bible Class (PPDR)<br/>7:00 Hand and Foot (F)<br/>7:00 Evening Movie (T)</p> | 11   | <p>7:30 Water Movement Class (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Land Walking (Game Room)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Choir Practice (F)<br/>11:00 Marketplace Worship (CCM)<br/><b>11:15 AL Lunch Outing - Bob Evans (Bus Loads 11:15am; Sign-up Deadline 7/11/18 by 3:00pm)</b><br/>11:30 Boxing 1 (FR)<br/>11:30 Stretch-n-Toss (CCM)<br/>1:00 Water Walking (P)<br/><b>1:00 Color Your World - Last Class Today! (AS)</b><br/>2:00 Getting Strong (FL)<br/>2:00 LCMS Bible Class (F)<br/>2:30 Christian Devotions (FL)<br/>3:00 Needle Craft (F)<br/><b>4:00 Men's Only Social (AS)</b><br/><b>6:00 Mamma Mia! Performance at Legacy Theatre (Wait list only; Tickets \$25; Show-time 7:00pm; Bus Loads 6:00pm)</b><br/>7:00 Evening Movie (T)</p> | 12 | <p>8:30 Balance 3 (WAR)<br/>9:15 ?Mystery Water Workout? (P)<br/>10:00 Open Water (P)<br/>10:30 Trivia (AR)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Open Wii Bowling (F)<br/>1:30 Land Walking (Wellness Game Room)<br/>1:30 Movie and Popcorn (FL)<br/>2:00 Open Wii Golf (F)<br/>2:30 Book Club (PPDR)<br/>4:00 Social Hour with Bonnie Froiland (A)<br/>7:00 Evening Movie (T)</p>      | 13 | <p>10:00 Ladies Discussion Group (F)<br/>1:30 Bingo (AR)<br/>2:00 Needle Crafting (ALNP)<br/>3:00 Matinee Movie (T)<br/>7:00 Evening Movie (T)</p> | 14 |
| <p>10:30 Sunday Morning Worship (C)<br/>11:00 Catholic Communion (FL)<br/>1:00 Open Bridge (FNLD)<br/>3:00 Matinee Movie (T)<br/>7:00 Vesper Service (F)</p>  | 15 | <p>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:15 Water Walk-n-Move (P)<br/>10:00 Catholic Communion (FL)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FNA)<br/>10:30 Trivia (AR)<br/>10:30 Art Class (AS)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Chi (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:00 CV Writing Group (ILPD)<br/>1:30 Open Water (P)<br/>1:30 Men's Closed Door Workout (FR)<br/>1:30 Bunco (AR)<br/><b>4:30 AL Town Hall Meeting (AR)</b><br/>2:00 Water Movement Class (P)<br/>2:00 UIS Tech Help Here Today! (A)<br/><b>2:30 Summer Games Practice (WC)</b><br/>7:00 Evening Movie (T)</p>                 | 16 | <p>7:30 Water Movement (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Men's Discussion Group (F)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Volleyball Practice (FL)<br/>11:00 Stretch 1 (AR)<br/>11:30 Boxing 1 (FR)<br/>12:30 Wii Bowling League (F)<br/>1:00 Water Walking (P)<br/>2:00 Getting Strong (FL)<br/><b>2:30 "Assisted Living Resident Council Meeting with Food Committee" (AR)</b><br/><b>4:15 AL Dinner Out - Fritz's Wagon Wheel (Bus Loads 4:15pm; Sign-up Deadline by 3:00pm 7/10/18)</b><br/>7:00 Evening Movie (T)</p>  | 17 | <p>7:30 ?Mystery Water Workout? (P)<br/>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Clay Creations - Christmas in July Angel; Reservations Required (AS)<br/>9:15 Water Volleyball (P)<br/>10:00 APL (FL)<br/>10:00 Open Water (P)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FL)<br/>10:45 Catholic Communion (FNA)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Men's Closed Door Workout (FR)<br/>2:00 LCMS Communion (C)<br/>2:00 Water Movement Class (P)<br/><b>2:30 Meet, Greet and Treat! (WCGR)</b><br/>2:30 Bingo (AR)<br/>3:00 Chaplain's Bible Class (PPDR)<br/>7:00 Hand and Foot (F)<br/>7:00 Evening Movie (T)</p>  | 18   | <p>7:30 Water Movement Class (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Land Walking (Game Room)<br/>9:30 Pretty Nails (AR)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Choir Practice (F)<br/>11:00 Marketplace Worship (CCM)<br/>11:30 Boxing 1 (FR)<br/>11:30 Stretch-n-Toss (CCM)<br/>1:00 Water Walking (P)<br/><b>1:00 Color Your World - Last Class Today! (AS)</b><br/><b>1:45 Wal-Mart on 6th Street (Sign-up Deadline 3:00pm 7/18/18)</b><br/>2:00 Getting Strong (FL)<br/>2:00 Sing-Along (CCM)<br/>2:00 LCMS Bible Class (F)<br/>2:30 Christian Devotions (FL)<br/>3:00 Needle Craft (F)<br/><b>3:30 Bi-Annual Memorial Service (C)</b><br/>7:00 Evening Movie (T)</p>  | 19 | <p>8:30 Balance 3 (WAR)<br/>9:15 ?Mystery Water Workout? (P)<br/>10:00 Open Water (P)<br/>10:30 Trivia (AR)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Open Wii Bowling (F)<br/>1:30 Land Walking (Wellness Game Room)<br/>1:30 Movie and Popcorn (FL)<br/>2:00 Open Wii Golf (F)<br/>4:00 Social Hour Larry Mazzotti (A)<br/>7:00 Evening Movie (T)</p>                                      | 20 | <p>10:00 Ladies Discussion Group (F)<br/>1:30 Bingo (AR)<br/>2:00 Needle Crafting (ALNP)<br/>3:00 Matinee Movie (T)<br/>7:00 Evening Movie (T)</p> | 21 |
| <p>10:30 Sunday Morning Worship (C)<br/>11:00 Catholic Communion (FL)<br/>1:00 Open Bridge (FNLD)<br/>3:00 Matinee Movie (T)<br/>7:00 Vesper Service (F)</p>  | 22 | <p>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:15 Water Walk-n-Move (P)<br/>10:00 Catholic Communion (FL)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FNA)<br/>10:30 Trivia (AR)<br/>10:30 Art Class (AS)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Chi (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Open Water (P)<br/>1:30 Men's Closed Door Workout (FR)<br/>1:30 Bunco (AR)<br/>2:00 Water Movement Class (P)<br/>2:00 UIS Tech Help Here Today! (A)<br/><b>2:30 Summer Games Practice (WC)</b><br/><b>4:00 Mingle and Munch with Michael Lanham (FL)</b><br/>7:00 Evening Movie (T)</p>                                  | 23 | <p>7:30 Water Movement (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Men's Discussion Group (F)<br/>10:00 Boxing 3 (FR)<br/>10:00 Catholic Mass (C)<br/>10:00 Lincoln Library Here Today (FNLD)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Volleyball Practice (FL)<br/>11:00 Stretch 1 (AR)<br/>11:30 Boxing 1 (FR)<br/>12:30 Wii Bowling League (F)<br/>1:00 Water Walking (P)<br/>1:30 ELCA Worship/Open Communion (C)<br/>2:00 Getting Strong (FL)<br/>2:00 Bingo (CCM)<br/>2:30 Wii Bowling (FL)<br/><b>5:00 CV Choir "Dinner Serenade" (A)</b><br/>7:00 Evening Movie (T)</p>  | 24 | <p>7:30 ?Mystery Water Workout? (P)<br/>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:00 Clay Creations - Christmas in July Angel; Reservations Required (AS)<br/>9:15 Water Volleyball (P)<br/>10:00 Open Water (P)<br/>10:00 Crafty Corner (AS)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FL)<br/>10:45 Catholic Communion (FNA)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Cheng (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Men's Closed Door Workout (FR)<br/>2:00 LCMS Communion (C)<br/>2:00 Water Movement Class (P)<br/>2:30 Bingo (AR)<br/>3:00 Chaplain's Bible Class (PPDR)<br/>7:00 Hand and Foot (F)<br/>7:00 Evening Movie (T)</p>  | 25   | <p>7:30 Water Movement Class (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Land Walking (Game Room)<br/>9:30 Pretty Nails (AR)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Choir Practice (F)<br/>11:00 Marketplace Worship (CCM)<br/>11:30 Boxing 1 (FR)<br/>11:30 Stretch-n-Toss (CCM)<br/>1:00 Water Walking (P)<br/><b>1:00 Music Therapy (WCGR)</b><br/>2:00 Getting Strong (FL)<br/>2:00 LCMS Bible Class (F)<br/>2:30 Christian Devotions (FL)<br/>3:00 Needle Craft (F)<br/><b>4:00 Men's Only Social (AS)</b><br/>7:00 Evening Movie (T)</p>  | 26 | <p>8:30 Balance 3 (WAR)<br/>9:15 ?Mystery Water Workout? (P)<br/>10:00 Open Water (P)<br/>10:30 Trivia (AR)<br/>11:00 Balance 1 (AR)<br/>1:00 Open Wii Bowling (F)<br/>1:30 Land Walking (Wellness Game Room)<br/><b>1:30 Village Rumble Water Volleyball Game (P)</b><br/>1:30 Movie and Popcorn (FL)<br/>2:00 Open Wii Golf (F)<br/>4:00 Social Hour with Bonnie Ettinger (A)<br/>7:00 Evening Movie (T)</p> | 27 | <p>10:00 Ladies Discussion Group (F)<br/>1:30 Bingo (AR)<br/>2:00 Needle Crafting (ALNP)<br/>3:00 Matinee Movie (T)<br/>7:00 Evening Movie (T)</p> | 28 |
| <p>10:30 Sunday Morning Worship (C)<br/>11:00 Catholic Communion (FL)<br/>1:00 Open Bridge (FNLD)<br/>3:00 Matinee Movie (T)<br/>7:00 Vesper Service (F)</p>  | 29 | <p>8:00 Circuit Class 2 With Greta - Reservation Required (FR)<br/>8:30 Balance 3 (WAR)<br/>9:15 Water Walk-n-Move (P)<br/>10:00 Catholic Communion (FL)<br/>10:30 Boxing 2 (FR)<br/>10:30 Catholic Communion (FNA)<br/>10:30 Trivia (AR)<br/>10:30 Art Class (AS)<br/>11:00 Balance 1 (AR)<br/>11:00 Tai Chi (WAR)<br/>1:00 Balance 2 (WAR)<br/>1:00 Shuffleboard &amp; Bags Game (WCGR)<br/>1:30 Open Water (P)<br/>1:30 Men's Closed Door Workout (FR)<br/>1:30 Bunco (AR)<br/>2:00 Water Movement Class (P)<br/>2:30 <b>Summer Games Practice (WC)</b><br/>7:00 Evening Movie (T)</p>   | 30 | <p>7:30 Water Movement (P)<br/>8:30 Circuit Class 2 With Greta - Reservation Required (FR)<br/>9:00 Stretch 2 (WAR)<br/>9:30 Men's Discussion Group (F)<br/>10:00 Boxing 3 (FR)<br/>10:30 Circuit Class 1 With Greta - Reservation Required (FR)<br/>10:30 Volleyball Practice (FL)<br/>11:00 Stretch 1 (AR)<br/>11:30 Boxing 1 (FR)<br/>12:30 Wii Bowling League (F)<br/>1:00 Water Walking (P)<br/>1:30 ELCA Worship/Open Communion (C)<br/><b>1:45 Shopping Outing - Target (Sign-up Deadline 7/30/18 by 3:00pm)</b><br/>2:00 Getting Strong (FL)<br/>2:00 Bingo (CCM)<br/>2:30 Wii Bowling (FL)<br/><b>6:15 Municipal Band Performance at Douglas Park (Bus loads 6:15pm ; Concert at 7:30pm; Bring Your Own Lawn Chair!; Sign-up Deadline by 3:00pm 7/30/18)</b><br/>7:00 Evening Movie (T)</p> | 31 | <p><b>ROOM KEY</b><br/>AS - Art Studio<br/>AR - Assisted Living Activity Room<br/>FL - Assisted Living Fireside Lounge<br/>ALNP - Assisted Living North Porch<br/>A - Atrium<br/>CCM - Care Center Market<br/>C - Chapel<br/>C/CR - Chapel/Concordia Room<br/>CR - Concordia Room<br/>FL - Fireside Lounge<br/>FR - Fitness Room<br/>F - Founders Great Room<br/>FNLD - Founders Library<br/>FNA - Founders North Alcove</p>   | <p>ILPD - Independent Living Private Dining Room<br/>PPDR - Patriot Private Dining Room<br/>P - Pool<br/>T - Theatre<br/>WAR - Wellness Aerobic Room<br/>WC - Wellness Center<br/>WCGR - Wellness Center Game Room</p> |   |    |  |    |  |    |

**Grocery Shopping  
Wednesday  
Mornings 8:30am  
Sign-up by 3:00pm  
each Tuesday with  
the Concierge**