

SUN MON TUE WED THUR FRI SAT

SUN	MON	TUE	WED	THUR	FRI	SAT
ROOM KEY AUD - Auditorium LOB - Clubhouse CLUB - Clubroom COMR - Community Room CW - Creative Workshop THRFT - F112 POOL - Pool PDR - Private Dining Room						1
10:00 Catholic Service (AUD) 2:00 Protestant Service (AUD)	11:00 Yoga (AUD)	11:00 Range of Motion (AUD)	11:00 Balance Class (AUD)		4:15 Candle Lighting Service (AUD)	8
2	3	4	5	6	7	
10:00 Catholic Service (AUD) 2:00 Protestant Service (AUD)	9:30 Stop & Shop (Monroe Twp.) 11:00 Yoga (AUD) 11:00 Exercise: Chair Dance (1979) 11:30 Stop & Shop (Monroe Twp.) 1:30 How to Listen to and Understand Great Music (1979) 1:30 Stop & Shop (Monroe Twp.) 7:30 Meditation (1979) 8:00 Movie: Mystic Pizza (1979)	10:30 Twp. Library @ MV (LOB) 11:00 Tai Chi (AUD) 11:00 Range of Motion (AUD)	9:30 Target (East Windsor) 11:00 Balance Class (AUD) 1:00 Michael's Crafts Store 1:00 Series from Netflix (CLUB) 1:30 Painting Class (CW) 3:30 Happy Hour (AUD) 4:00 Rosary (PDR) 7:00 Bingo (AUD)	9:30 Pool Class (POOL) 9:30 Shop Rite 10:00 Pickleball (AUD) 11:00 Range of Motion (COMR) 1:30 Lecture & Film (AUD) 1:30 Shop Rite 2:30 Current News Discussion Table (CLUB) 4:00 Rosary (PDR) 7:00 Feature Movie (AUD)	9:30 Walmart 10:30 Town Hall (AUD) 1:30 Corn Hole (COMR) 1:30 Trader Joe's 2:30 Exercise is Medicine (AUD) 4:00 Rosary (PDR) 4:15 Candle Lighting Service (AUD) 7:00 Poker (AUD)	9:45 Congregation Beit Shalom 11:00 Chair-aerobics (AUD) 1:30 Matinee Movie (AUD) 7:00 Evening Movie (AUD)
9	10	11	12	13	14	15
10:00 Catholic Service (AUD) 10:00 Cranbury Presbyterian Church 2:00 Protestant Service (AUD) 3:15 Matinee Movie (AUD) 7:00 Evening Movie (AUD)	1:30 Stop & Shop 9:30 Stop & Shop 11:00 Yoga (AUD) 11:30 Stop & Shop 1:30 Sing A Long (AUD) 2:30 Wii Bowling (COMR) 3:15 Bible Study (CLUB) 4:00 Rosary (PDR) 7:00 Bingo (AUD)	9:30 Parx Casino (Bensalem, PA) 9:30 Pool Class (POOL) 10:30 Twp. Library @ MV (LOB) 11:00 Tai Chi (AUD) 11:00 Range of Motion (AUD) 1:30 Jewish Cultural Club (AUD) 2:30 Total Brain Health (CLUB) 4:00 Rosary (PDR) 7:00 Residents Association Meeting (AUD)	9:30 Local Banks (Jamesburg/Monroe) 10:30 Italian Club (CLUB) 11:00 Balance Class (AUD) 1:00 Series from Netflix (CLUB) 1:30 Library (Monroe Twp.) 1:30 Scrabble (CW) 3:30 Happy Hour (AUD) 4:00 Rosary (PDR) 7:00 Bingo (AUD)	9:30 Catholic Mass with Father Michael (AUD) 9:30 Pool Class (POOL) 9:30 Shop Rite 11:00 Range of Motion (COMR) 1:30 Lecture & Film (AUD) 1:30 Shop Rite 3:00 Beat the Clock (COMR) 4:00 Rosary (PDR) 7:00 Feature Movie (AUD)	9:30 Restaurant Trip 10:30 Village Singers (AUD) 1:00 Freehold Mall & Christmas Tree Shop 1:30 Bocce (AUD) 2:30 Exercise is Medicine (AUD) 4:00 Rosary (PDR) 4:15 Candle Lighting Service (AUD) 7:00 Poker (AUD)	9:30 Thrift Shop (THRFT) 9:45 Congregation Beit Shalom 11:00 Chair-aerobics (AUD) 1:30 Matinee Movie (AUD) 7:00 Casino Night (AUD) 7:00 Performance (AUD)
16	17	18	19	20	21	22
9:30 Wegmans 10:00 Catholic Service (AUD) 10:00 Cranbury Presbyterian Church 2:00 Protestant Service (AUD) 3:15 Matinee Movie (AUD) 7:00 Sharing our Favorite Arts (AUD)	1:30 Stop & Shop 9:30 Stop & Shop 11:00 Yoga (AUD) 11:30 Stop & Shop 1:30 Sing A Long (AUD) 2:30 Wii Bowling (COMR) 3:15 Bible Study (CLUB) 4:00 Rosary (PDR) 7:00 Bingo (AUD)	9:30 Local Banks (Jamesburg/Monroe) 9:30 Pool Class (POOL) 9:30 Thrift Shop (THRFT) 10:30 Twp. Library @ MV (LOB) 11:00 Tai Chi (AUD) 11:00 Range of Motion (AUD) 1:00 Foreign Film (AUD) 1:30 Walmart 1:30 Q & A with Dietician (PDR) 4:00 Rosary (PDR) 7:00 Mindfulness Coloring (CW) 7:30 Big Band Practice (AUD)	11:00 Balance Class (AUD) 1:00 Series from Netflix (CLUB) 1:30 Craft Project (CW) 3:30 Happy Hour (AUD) 4:00 Rosary (PDR) 7:00 Bingo (AUD)	9:30 Pool Class (POOL) 9:30 Shop Rite 10:00 Pickleball (AUD) 11:00 Range of Motion (COMR) 1:30 Lecture & Film (AUD) 1:30 Shop Rite 2:30 Current News Discussion Table (CLUB) 4:00 Rosary (PDR) 7:00 Feature Movie (AUD)	9:30 Fit Trip 10:30 Village Singers (AUD) 12:00 Restaurant Trip 1:30 Bullseye (COMR) 2:30 Exercise is Medicine (AUD) 4:00 Rosary (PDR) 4:15 Candle Lighting Service (AUD) 7:00 Poker (AUD)	9:45 Congregation Beit Shalom 11:00 Chair-aerobics (AUD) 1:30 Matinee Movie (AUD) 7:00 Evening Movie (AUD)
23	24	25	26	27	28	29
10:00 Catholic Mass with MSGR Cole (AUD) 10:00 Cranbury Presbyterian Church 2:00 Protestant Service (AUD) 3:15 Matinee Movie (AUD) 7:00 Evening Movie (AUD)	1:30 Stop & Shop 9:30 Stop & Shop 11:00 Yoga (AUD) 11:30 Stop & Shop 1:30 Sing A Long (AUD) 2:30 Wii Bowling (COMR) 3:15 Bible Study (CLUB) 4:00 Rosary (PDR) 7:00 Bingo (AUD)					
30	31					

August 2020

Steve Wean, LivWell Program Manager, EXT 6477

