

SUN	MON	TUE	WED	THUR	FRI	SAT
11:00 Ping Pong (P) 11:30 Sunday Brunch (DR)	30 New Year's Eve 9:30 AquaFit (PL) 4:45 New Year's Eve Special Dinner (DR) 7:45 New Year's Eve Celebration (L)	31	ROOM KEY AL - Assisted Living Library B - Boardroom DR - Dining Room FS - Fitness Studio G - Game Room Library - Library L - Lobby Lobby & LL - Lobby & Lion's Lounge P - Penthouse PL - Pool TBA - To Be Announced		Medical appointment transportation is provided weekdays 8:30am-5pm: North to Peninsula Hospital & South to 28th Avenue. Mondays & Wednesdays medical transportation distance is extended to provide service Southbound to Kaiser (Redwood City) and Northbound to Kaiser (South San Francisco) upon request. All medical transportation requires a completed reservation form dropped off at the Front Desk, preferably 72 hours in advance.	No Dinner or To-Go Service 9:00 Yoga (P) 9:15 Aquacise (PL) 11:00 Ping Pong: CANCELLED (P) 12:00 Stanford vs. California Football Game (P)
Chanukah Begins at Sundown 11:00 Ping Pong: CANCELLED (P) 11:30 Sunday Brunch (DR) 2:00 Flute and Piano Concert (P)	2 9:30 AquaFit (PL) 10:30 Hillsdale (~2:00 pm) 2:00 Thespian Rehearsal (P)	3 9:00 Yoga (P) 10:00 Day in Palo Alto (~2:30 pm) 3:30 Chanukah Festivities (P) 7:45 In-House Docent Presentation: Gauguin: A Spiritual Journey (P)	4 9:00 Mixed Fitness with Galina (P) 10:00 Trader Joe's (~11:30 am) 3:30 TPR-ias Rehearsal (P)	5 10:00 Mat Yoga (P) 1:30 Mexican Train Dominoes (G) 2:30 Christmas Tree Lighting (L) 3:00 Holiday Boutique (Library) 7:45 Line Dancing (P)	6 Pearl Harbor Remembrance Day 9:30 AquaFit (PL) 11:00 Transportation to Local Destinations (TBA) 1:30 Lunch at Mission Rock Resort & Cirque de Soleil (~8:30pm) 1:30 San Francisco Dominoes (G) 4:30 Wine Friday (Lobby & LL)	7 9:00 Yoga (P) 9:15 Aquacise (PL) 11:00 Ping Pong (P)
11:00 Ping Pong (P) 11:30 Sunday Brunch (DR)	9 Chanukah Ends at Sundown 9:30 AquaFit (PL) 11:30 Foster City (~1:30 pm) 1:00 Hearing Clinic (P) 3:00 Film Committee (B)	10 9:00 Yoga (P) 1:00 Scenic Drive (~2:30pm) 7:45 Peninsula Girls Chorus (P)	11 9:00 Drydock Fitness (P) 10:00 Trag's Grocery (~11 am) 1:30 Holiday Tea (DR) 3:30 TPR-ias Rehearsal (P)	12 10:00 Mat Yoga (P) 11:15 de Young Trip: Gauguin: A Spiritual Journey & Contemporary Muslim Fashions (~3:45pm) 1:30 Mexican Train Dominoes (G)	13 9:30 AquaFit (PL) 10:30 Burlingame (~1:30 pm) 11:00 Transportation to Local Destinations (TBA) 1:30 San Francisco Dominoes (G) 2:00 Salvation Army Brass Quintet (P) 3:00 Book Club (B) 4:30 Wine Friday (Lobby & LL)	14 9:00 Yoga (P) 9:15 Aquacise (PL) 11:00 Ping Pong: CANCELLED (P) 7:45 TPR-ias Holiday Performance (P)
11:00 Ping Pong (P) 11:30 Sunday Brunch (DR) 1:00 Caroling with the Congregational Church of San Mateo (L)	16 9:30 AquaFit (PL) 11:00 Ping Pong: 11am - 9pm (P) 6:15 Holiday Lights Bus Tour (~7:45 pm)	17 9:00 Yoga (P) 7:45 Mostly Madrigals (P)	18 9:00 Drydock Fitness (P) 10:00 Safeway (~11:30 am) 11:00 Chef's Talk (P) 2:00 Town Meeting - Live! (Penthouse & In-house Channel 108) 4:45 Winter Wonderland Dinner (DR) 7:45 Ballroom Dancing (L)	19 10:00 Mat Yoga (P) 10:00 Day in San Francisco (~4pm) 1:30 Mexican Train Dominoes (G) 7:45 Line Dancing (P)	20 December Solstice 9:30 AquaFit (PL) 10:30 Fitness Equipment Instruction Focus: Upper Body Strength (FS) 11:00 Transportation to Local Destinations (TBA) 1:30 San Francisco Dominoes (G) 2:00 Peninsula Choraliers (P) 4:30 Wine Friday (Lobby & LL)	21 9:00 Yoga (P) 9:15 Aquacise (PL) 11:00 Ping Pong (P)
11:00 Ping Pong (P) 11:30 Sunday Brunch (DR)	23 9:30 AquaFit - CANCELLED (PL) 11:00 Ping Pong: 11am - 9pm (P) 4:45 Christmas Eve Special Dinner (DR)	24 Christmas Day 11:00 Ping Pong: 11am - 9pm (P) 11:30 Christmas Day Grand Buffet (DR)	25 9:00 Drydock Fitness (P) 10:00 Ranch 99 (~11:30 am) 11:00 Ping Pong: 11am - 9pm (P)	26 10:00 Mat Yoga (P) 1:30 Mexican Train Dominoes (G)	27 9:30 AquaFit (PL) 11:00 Transportation to Local Destinations (TBA) 1:30 San Francisco Dominoes (G) 2:00 AL Happy Hour Holiday Performance (AL) 4:30 Wine Friday (Lobby & LL)	28 9:00 Yoga (P) 9:15 Aquacise (PL) 11:00 Ping Pong (P)
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Programs & Events Calendar