


SUN	MON	TUE	WED	THUR	FRI	SAT
Don Hamsher 11/5 Carol Henkel 11/16 Anna Minner 11/24 Pat McLaughlin 11/30 		Announcements run daily on Sunnyside Information Channel 195	Check Daily Newsletter for updates and Activities are subject to change	8:40 Friendly Visits 9:25 Exercise (TV Rm) 1:00 Resident Council Meeting (TV Rm) 1:30 A La Cart Activities 3:00 Rummikub (TV Rm) 5:30 Local News (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Beach Ball Volleyball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night! (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Jeopardy! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Movie Classics! (TV Rm) 3:30 Sing Along with John (TV Rm) 5:30 Movie Night! (TV Rm)
Daylight Saving Time ends 8:40 Friendly Visits 9:45 Worship (TV Rm) 11:15 Sensory Activity (TV Rm) 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Sports/Game Show Sunday (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Men's Club (HCLR) 10:00 Puppy Love (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	Election Day 8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Christian Life Study (TV Rm) 11:15 Sensory Activity (TV Rm) 1:15 Bridge Club (AR) 1:30 Ice Cream Social (TV Rm) 2:45 A La Cart Activities 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Piano Music (TV Rm) 1:30 A La Cart Activities 2:30 Bingo! (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Laughter Unlimited! (TV Rm) 11:15 Sensory Activity (TV Rm) 11:30 Birthday Party (HCDR) 1:30 A La Cart Activities 2:00 Fancy Nails (TV Rm) 3:00 Rummikub (TV Rm) 5:30 Local News (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Beach Ball Volleyball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night! (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Jeopardy! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Movie Classics! (TV Rm) 3:30 Sing Along with John (TV Rm) 5:30 Movie Night! (TV Rm)
Veterans Day 8:40 Friendly Visits 9:45 Worship (TV Rm) 11:15 Sensory Activity (TV Rm) 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Sports/Game Show Sunday (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Men's Club (HCLR) 10:00 Horse Racing! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Christian Life Study (TV Rm) 11:15 Sensory Activity (TV Rm) 1:15 Bridge Club (AR) 1:30 Ice Cream Social (TV Rm) 2:45 A La Cart Activities 3:30 Chaplain Chats (TV Rm) 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Who Wants to be a Millionaire (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Piano Music (TV Rm) 1:30 A La Cart Activities 2:30 Bingo! (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Arm Chair Travel (TV Rm) 11:15 Sensory Activity (TV Rm) 1:15 Story Time with Michael (TV Rm) 1:30 A La Cart Activities 2:15 Trading Post (AR) 3:30 Rummikub (TV Rm) 5:30 Local News (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Beach Ball Volleyball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night! (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Jeopardy! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Movie Classics! (TV Rm) 3:30 Sing Along with John (TV Rm) 5:30 Movie Night! (TV Rm)
8:40 Friendly Visits 9:45 Worship (TV Rm) 11:15 Sensory Activity (TV Rm) 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Sports/Game Show Sunday (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Men's Club (HCLR) 10:00 Word Game (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Christian Life Study (TV Rm) 11:15 Sensory Activity (TV Rm) 1:15 Bridge Club (AR) 1:30 Ice Cream Social (TV Rm) 2:45 A La Cart Activities 3:30 Chaplain Chats (TV Rm) 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Horse Racing! (TV Rm) 11:00 Catholic Mass (C) 11:15 Sensory Activity (TV Rm) 1:00 Piano Music (TV Rm) 1:30 A La Cart Activities 2:30 Bingo! (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	Thanksgiving Day 10:00 Macy's Thanksgiving Day Parade (TV Rm) 11:30 Thanksgiving Dinner (HCDR) 1:00 Movie: An Old Fashioned Thanksgiving (TV Rm) 5:30 Local News (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Beach Ball Volleyball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night! (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Jeopardy! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Movie Classics! (TV Rm) 3:30 Sing Along with John (TV Rm) 5:30 Movie Night! (TV Rm)
8:40 Friendly Visits 9:45 Worship (TV Rm) 11:15 Sensory Activity (TV Rm) 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Sports/Game Show Sunday (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Men's Club (HCLR) 10:00 Piano Music with Barbara (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Christian Life Study (TV Rm) 10:45 Lunch Outing (Lobby) 1:15 Bridge Club (AR) 2:45 A La Cart Activities 3:30 Chaplain Chats (TV Rm) 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Noodle Ball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:00 Piano Music (TV Rm) 1:30 A La Cart Activities 2:30 Bingo! (AR) 4:00 In Room Visits 5:30 Movie Night (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Laughter Unlimited! (TV Rm) 11:15 Sensory Activity (TV Rm) 1:15 Story Time with Michael (TV Rm) 1:30 A La Cart Activities 3:00 Game Time! (TV Rm) 5:30 Local News (TV Rm)	8:40 Friendly Visits 9:25 Exercise (TV Rm) 10:00 Beach Ball Volleyball (TV Rm) 11:15 Sensory Activity (TV Rm) 1:30 A La Cart Activities 2:30 Bingo (AR) 4:00 In Room Visits 5:30 Movie Night! (TV Rm)	<b>ROOM KEY</b> C - Chapel AR - Health Center Activity Room HCDR - Health Center Dining Room HCLR - Health Center Living Room TV Rm - Health Center TV Room

# November 2018

Sunnyside Health and Rehab Activities