Activities are subject to change. Please refer to our In-House Channel 16.2 or 987 for any updates.

**SUN**
- 9:00 Church Service (Chapel 3rd Floor)
- 10:30 Church Service (Chapel 3rd Floor or Channel 16.2)
- 1:15 Stronger Than Yesterday Exercise (Channel 16.2 or 987)
- **MON**
  - 9:15 Body Balance (Chapel 3rd Floor)
  - 10:30 Advent Devotions with Karen Jones (Chapel 3rd Floor or Channel 16.2/987)
  - 1:00 Sara's Place Town Hall (Living Room 3rd Floor)
  - 2:00 Walking with Friends (Meet by the Chapel 3rd floor)
  - **TUE**
  - 10:00 Walking with Friends (Meet by the Chapel 3rd floor)
  - 10:00 Catholic Service (Chapel 3rd Floor)
  - 2:30 BINGO (Bistro 2nd Floor)
  - 6:00 Advent Services (Chapel 3rd Floor or Channel 16.2/987)
- **WED**
  - 10:00 Walking with Friends (Meet by the Chapel 3rd floor)
  - 2:30 Spiritual Strings Band (Bistro 2nd Floor)
- **THUR**
  - 9:15 Christmas Caroling with Karen Jones (Room 2nd Floor)
  - 1:15 Christmas Caroling with the Bittersweet Garden Club (Bistro 2nd Floor)
  - 9:15 Christmas Caroling (Chapel 3rd Floor)
- **FRI**
  - 9:15 Christmas Caroling with Karen Jones (Room 2nd Floor)
  - 1:15 Christmas Caroling with the Bittersweet Garden Club (Bistro 2nd Floor)
  - 9:15 Christmas Caroling with Teresa & Delores (Chapel 3rd Floor)
  - 2:30 Callaway Combo Band (Bistro 2nd Floor)
- **SAT**
  - 9:15 Simply Stretch (Channel 16.2 or 987)
  - 2:00 Christmas Sounds Like Fun (Channel 16.2/987)

Contact Rita Rivera - Director of Lifestyle Enrichment (573)644-6387

**December 2021**

Sara's Place & Riverview